

Benefits Handbook Date October 1, 2020

# Anthem BlueCross BlueShield Medical Plan Options

Marsh & McLennan Companies



# Anthem BlueCross BlueShield Medical Plan Options

Selecting a medical plan option for 2020 involves three key choices for eligible individuals.

- Select one of four medical plan design options. A range of coverage levels and costs is offered.
- Select coverage for:
  - yourself only — Employee
  - yourself and your spouse or domestic partner — Employee + Spouse
  - yourself and your child or children — Employee + Child(ren)
  - yourself, your spouse or domestic partner, and children — Family
- Select your medical plan carrier:
  - All eligible individuals resident in any state except Hawaii may choose from among:
    - Aetna
    - Anthem BlueCross BlueShield (Anthem BCBS)
    - United Healthcare (UHC)

## SPD and Plan Document

This section provides a summary of the Medical Plan (the “Plan”) options available through Anthem BlueCross BlueShield (Anthem BCBS) as of January 1, 2020.

This section, together with the *Administrative Information* section and the applicable section about participation, forms the Summary Plan Description and plan document of the Plan.

**Note: This section of the Benefits Handbook provides information about the Anthem BlueCross BlueShield administered medical plan options only.**

**Information about the Aetna and UnitedHealthcare administered medical plan options is covered in a separate section of the Benefits Handbook.**

- Eligible individuals resident in CA, CO, GA, MD, VA, OR, WA, and Washington DC have an additional choice to consider:
  - Kaiser Permanente (Kaiser)

**Information about the Kaiser administered medical plan options is covered in a separate section of the Benefits Handbook.**

- Eligible individuals who are resident in Hawaii, may only choose between:
  - HMSA’s Health Plan Hawaii Plus (HMO)

- HMSA's Preferred Provider Plan (PPP)

**Information about the Hawaii medical plan options is covered in a separate section of the Benefits Handbook.**

All medical plan options described in this section of the Benefits Handbook offer:

- comprehensive health services
- the freedom to select between a health care provider that participates in your chosen medical plan carrier's network, generally at a lower cost to you, or a provider that does not participate in your chosen medical plan carrier's network, generally at a higher cost to you.

**Note:** Be sure to read about Health Care Flexible Spending Accounts (HCFSAs), Health Savings Accounts (HSAs) and Limited Purpose Health Care Flexible Spending Accounts (LPHCFSA). Understanding these tax-advantaged arrangements may be important to your selection of a medical plan.

#### A Note about ERISA

The Employee Retirement Income Security Act of 1974 (ERISA) is a federal law that governs many employer-sponsored plans including this medical plan. Your ERISA rights in connection with this Plan are detailed in the *Administrative Information* section.

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## The Medical Plan Options at a Glance

The chart below outlines some important Plan features and coverage information that distinguish the four available Anthem BlueCross BlueShield (Anthem BCBS) medical plan options. Additional information is provided throughout this section of the Benefits Handbook including the “Detailed List of Covered Services” on page 52.

Plan feature	\$400 Deductible Plan <sup>1</sup>	\$900 Deductible Plan <sup>1</sup>	\$1,500 Deductible Plan <sup>1</sup>	\$2,850 Deductible Plan <sup>1</sup>
<b>Annual Deductible</b>	<b><i>In-network:</i></b> Employee: \$400 Family <sup>2</sup> : \$800 <sup>3</sup> <b><i>Out-of-network:</i></b> Employee: \$2,500 Family <sup>2</sup> : \$5,000 <sup>3</sup>	<b><i>In-network:</i></b> Employee: \$900 Family <sup>2</sup> : \$1,800 <sup>3</sup> <b><i>Out-of-network:</i></b> <b>Employee: \$3,000</b> Family <sup>2</sup> : \$6,000 <sup>3</sup>	<b><i>In-network:</i></b> Employee: \$1,500 Family <sup>2</sup> : \$3,000 <sup>4</sup> <b><i>Out-of-network:</i></b> Employee: \$3,000 Family <sup>2</sup> : \$6,000 <sup>4</sup>	<b><i>In-network:</i></b> Employee: \$2,850 Family <sup>2</sup> : \$5,700 <sup>3</sup> <b><i>Out-of-network:</i></b> Employee: \$5,700 Family <sup>2</sup> : \$11,400 <sup>3</sup>
<b>Out-of-Pocket Maximum (including DEDUCTIBLE)</b>	<b><i>In-network:</i></b> Employee: \$2,200 Family <sup>2</sup> : \$4,400 <sup>3</sup> <b><i>Out-of-network:</i></b> Employee: \$4,400 Family <sup>2</sup> : \$8,800 <sup>3</sup>	<b><i>In-network:</i></b> Employee: \$3,000 Family <sup>2</sup> : \$6,000 <sup>3</sup> <b><i>Out-of-network:</i></b> Employee: \$6,000 Family <sup>2</sup> : \$12,000 <sup>3</sup>	<b><i>In-network:</i></b> Employee: \$3,000 Family <sup>2</sup> : \$6,000 <sup>4</sup> <b><i>Out-of-network:</i></b> Employee: \$6,000 Family <sup>2</sup> : \$12,000 <sup>4</sup>	<b><i>In-network:</i></b> Employee: \$5,500 Family <sup>2</sup> : \$11,000 <sup>3</sup> <b><i>Out-of-network:</i></b> Employee: \$11,000 Family <sup>2</sup> : \$22,000 <sup>3</sup>
<b>Plan Coinsurance</b>	<b><i>In-network:</i></b> 80% COINSURANCE after deductible <b><i>Out-of-network:</i></b> 60% coinsurance after deductible (Out-of-network benefits are based on reasonable and customary charges)			<b><i>In-network:</i></b> 70% coinsurance after deductible <b><i>Out-of-network:</i></b> 50% coinsurance after deductible (Out-of-network benefits are based on reasonable and customary charges)
<b>Physician office visits</b>				
<b>Preventive Visit</b>	<b><i>In-network:</i></b> Covered at 100% <b><i>Out-of-network:</i></b> 60% coinsurance after deductible	<b><i>In-network:</i></b> Covered at 100% <b><i>Out-of-network:</i></b> 60% coinsurance after deductible	<b><i>In-network:</i></b> Covered at 100% <b><i>Out-of-network:</i></b> 60% coinsurance after deductible	<b><i>In-network:</i></b> Covered at 100% <b><i>Out-of-network:</i></b> 50% coinsurance after deductible
<b>Primary Care Physician (PCP)/Specialist Visit</b>	<b><i>In-network:</i></b> \$20 copay <sup>5</sup> <b><i>Out-of-network:</i></b> 60% coinsurance of R&C after deductible Copay amounts do not apply to the deductible.	<b><i>In-network:</i></b> 80% coinsurance after deductible <b><i>Out-of-network:</i></b> 60% coinsurance of R&C after deductible	<b><i>In-network:</i></b> 80% coinsurance after deductible <b><i>Out-of-network:</i></b> 60% coinsurance of R&C after deductible	<b><i>In-network:</i></b> 70% coinsurance after deductible <b><i>Out-of-network:</i></b> 50% coinsurance of R&C after deductible

Plan feature	\$400 Deductible Plan <sup>1</sup>	\$900 Deductible Plan <sup>1</sup>	\$1,500 Deductible Plan <sup>1</sup>	\$2,850 Deductible Plan <sup>1</sup>
<b>Specialist Visit</b>	<b><i>In-network:</i></b> \$40 copay <sup>5</sup> <b><i>Out-of-network:</i></b> 60% coinsurance of R&C after deductible Copay amounts do not apply to the deductible.	<b><i>In-network:</i></b> 80% coinsurance after deductible <b><i>Out-of-network:</i></b> 60% coinsurance of R&C after deductible	<b><i>In-network:</i></b> 80% coinsurance after deductible <b><i>Out-of-network:</i></b> 60% coinsurance of R&C after deductible	<b><i>In-network:</i></b> 70% coinsurance after deductible <b><i>Out-of-network:</i></b> 50% coinsurance of R&C after deductible
<b>Hospital Facility</b>				
<b>Inpatient</b>	<b><i>In-network:</i></b> 80% coinsurance after deductible <b><i>Out-of-network:</i></b> 60% coinsurance after deductible	<b><i>In-network:</i></b> 80% coinsurance after deductible <b><i>Out-of-network:</i></b> 60% coinsurance after deductible	<b><i>In-network:</i></b> 80% coinsurance after deductible <b><i>Out-of-network:</i></b> 60% coinsurance after deductible	<b><i>In-network:</i></b> 70% coinsurance after deductible <b><i>Out-of-network:</i></b> 50% coinsurance after deductible
<b>Outpatient</b>	<b><i>In-network:</i></b> 80% coinsurance after deductible <b><i>Out-of-network:</i></b> 60% coinsurance after deductible	<b><i>In-network:</i></b> 80% coinsurance after deductible <b><i>Out-of-network:</i></b> 60% coinsurance after deductible	<b><i>In-network:</i></b> 80% coinsurance after deductible <b><i>Out-of-network:</i></b> 60% coinsurance after deductible	<b><i>In-network:</i></b> 70% coinsurance after deductible <b><i>Out-of-network:</i></b> 50% coinsurance after deductible
<b>Emergency Room (waived if admitted)</b>	<b><i>In and Out-of- network:</i></b> \$150 copay per visit, 80% coinsurance after deductible	<b><i>In and Out-of- network:</i></b> 80% coinsurance after deductible	<b><i>In and Out-of- network:</i></b> 80% coinsurance after deductible	<b><i>In and Out-of- network:</i></b> 70% coinsurance after deductible
<b>Prescription drugs</b>	There is a Broad Retail Pharmacy Network for 30-day supply (acute) and Walgreens/Express Scripts Mail Order for 90-day supply (maintenance) Prescription drugs.			
<b>Retail Prescriptions (30-day supply)</b>				
▪ Generic	\$10 copay <sup>5</sup> (These amounts do not apply to the deductible)	70% coinsurance (These amounts do not apply to the deductible; minimum \$10/maximum \$20) <sup>5</sup>	80% coinsurance after deductible	70% coinsurance after deductible

Plan feature	\$400 Deductible Plan <sup>1</sup>	\$900 Deductible Plan <sup>1</sup>	\$1,500 Deductible Plan <sup>1</sup>	\$2,850 Deductible Plan <sup>1</sup>
<ul style="list-style-type: none"> <li>Formulary Brand</li> </ul>	\$30 copay <sup>5</sup> (These amounts do not apply to the deductible)	70% coinsurance (These amounts do not apply to the deductible; minimum \$25/maximum \$50) <sup>5</sup>	80% coinsurance after deductible	70% coinsurance after deductible
<ul style="list-style-type: none"> <li>Non-Formulary Brand</li> </ul>	\$60 copay <sup>5</sup> (These amounts do not apply to the deductible)	55% (These amounts do not apply to the deductible; minimum \$40/maximum \$80) <sup>5</sup>	80% coinsurance after deductible	70% coinsurance after deductible
<b><i>Express Scripts/Walgreens Mail-order Prescriptions<sup>6</sup></i></b> (90-day supply)				
<ul style="list-style-type: none"> <li>Generic</li> </ul>	\$25 copay <sup>5</sup> (These amounts do not apply to the deductible)	70% coinsurance (These amounts do not apply to the deductible; minimum \$25/maximum \$50) <sup>5</sup>	80% coinsurance after deductible	70% coinsurance after deductible
<ul style="list-style-type: none"> <li>Formulary Brand</li> </ul>	\$75 copay <sup>5</sup> (These amounts do not apply to the deductible)	70% coinsurance (These amounts do not apply to the deductible; minimum \$62.50/maximum \$125) <sup>5</sup>	80% coinsurance after deductible	70% coinsurance after deductible
<ul style="list-style-type: none"> <li>Non-Formulary Brand</li> </ul>	\$150 copay <sup>5</sup> (These amounts do not apply to the deductible)	55% coinsurance (These amounts do not apply to the deductible; minimum \$100/maximum \$200) <sup>5</sup>	80% coinsurance after deductible	70% coinsurance after deductible



Plan feature	\$400 Deductible Plan <sup>1</sup>	\$900 Deductible Plan <sup>1</sup>	\$1,500 Deductible Plan <sup>1</sup>	\$2,850 Deductible Plan <sup>1</sup>
<b>Contact Information for Carrier options:</b>	<p>Contact for Medical Service:                      Anthem BCBS (Claims Administrator)                      P.O. Box 105187                      Atlanta, GA 30348-5187                      Anthem BCBS Customer Service: +1 855 570 1150                      Website: www.anthem.com</p> <p>Contact for Prescription Service:                      Express Scripts (Pharmacy Benefits Manager)                      Phone: +1 800 987 8360                      Website (for members): www.express-scripts.com                      Express Scripts Group #: MMCRX05</p> <p>Marsh &amp; McLennan Companies does not administer claims under this plan. For medical claims, the Claims Administrators' decisions are final and binding. For prescription drug claims, the Pharmacy Benefits Manager's decisions are final and binding.</p>			

- <sup>1</sup> These plans are named for the deductible applicable to the "individual" for in-network service providers. The deductibles applicable to any other coverage level (for example, "Family coverage") or for services provided by out-of-network service providers will be significantly higher than (in many instances, double) the amounts captured in the names of the plans.
- <sup>2</sup> "Family" applies to all coverage levels except Employee-Only.
- <sup>3</sup> Not "True" Family: If more than one person in a family is covered under this plan, there are two ways the plan will begin to pay benefits for a covered family member. When a family member meets his or her individual deductible, benefits begin for that family member only, but not for the other family members. When the family deductible is met, benefits begin for every covered family member whether or not they have met their own individual deductibles. The family deductible can only be met by a combination of family members, as amounts counted toward individual deductibles count toward the larger family deductible. The out-of-pocket maximum functions in the same way. When a family member meets his or her individual out-of-pocket maximum, the out-of-pocket maximum is satisfied for that family member only, but not for the other family members. When the family out-of-pocket maximum is met, the out-of-pocket maximum is satisfied for every covered family member whether or not they have met their own individual out-of-pocket maximums. The family out-of-pocket maximum can only be met by a combination of family members, as amounts counted toward individual out-of-pocket maximums count toward the larger family out-of-pocket maximum.
- <sup>4</sup> "True" Family: This plan does not require that you or a covered eligible family member meet the "individual" deductible in order to satisfy the family deductible. If more than one person in a family is covered under this plan, benefits begin for any one covered family member only after the family deductible is satisfied. The family deductible may be met by one family member or a combination of family members. The out-of-pocket maximum functions in the same way. If more than one person in a family is covered under this plan, the out-of-pocket maximum is satisfied for any one covered family member when the family out-of-pocket maximum is satisfied. The family out-of-pocket maximum may be met by one family member or a combination of family members.
- <sup>5</sup> Office visit copays and prescriptions do not apply toward the annual deductible.
- <sup>6</sup> In addition to mail order, you will be able to fill a 90-day supply of your maintenance medications at a Walgreens retail pharmacy, at the same cost as you would through the mail order program. For all maintenance medications, after the first three fills, you must fill a 90-day supply either at Walgreens or through Expresss Scripts Mail Order or you will pay 100% of the cost for all subsequent fills.

## Participating in the Plan

You are eligible to participate in the Plan if you meet the eligibility requirements described in the *Participating in Healthcare Benefits* section.

You have the option to cover your family members who meet the eligibility requirements that are described in the *Participating in Healthcare Benefits* section.

### Retiree Eligibility

Certain retirees and their ELIGIBLE FAMILY MEMBERS that are not yet deemed to be eligible for MEDICARE may also be eligible for coverage under this plan. For information on the eligibility requirements, how to participate and the cost of coverage, see the *Participating in Pre-65 Retiree Medical Coverage* section.

## Enrollment

To participate in this Plan, you must enroll for coverage. You may enroll only:

- within 30 days of the date you become eligible to participate
- during Annual Enrollment (generally in November with respect to coverage for the following calendar year)
- within 60 days of a qualifying change in family status that makes you eligible to enroll
- within 30 days of losing other coverage that you had relied upon when you waived your opportunity to enroll in this Plan.

Enrollment procedures for you and your ELIGIBLE FAMILY MEMBERS are described in the *Participating in Healthcare Benefits* section.

## Cost of Coverage

You and the Company share the cost of coverage for both you and your ELIGIBLE FAMILY MEMBERS.

The cost of your coverage depends on the plan option and level of coverage you choose. The cost may change each year.

You can choose from four levels of coverage. Cost for each coverage level for eligible Marsh & McLennan Companies Employees (other than Marsh & McLennan Agency LLC – Northeast (MMA-Northeast) or Security Insurance Services of Marsh & McLennan Agency LLC) is shown below.

You pay the HealthyMe rate on your annual medical plan contributions, if you and your spouse/domestic partner both enroll in the Plan and if you and your spouse/domestic partner **both** completed the Know Your Numbers steps within the designated required time period.

**Note:** Employees hired on or after June 1, 2019, will receive the 2020 HealthyMe rate even if they did not complete the required Know Your Numbers steps.

HealthyMe Rates	\$400 Deductible Plan		\$900 Deductible Plan		\$1,500 Deductible Plan		\$2,850 Deductible Plan	
Coverage Level	<i><b>Semi-monthly cost</b></i>	<i><b>Weekly cost</b></i>	<i><b>Semi-monthly cost</b></i>	<i><b>Weekly cost</b></i>	<i><b>Semi-monthly cost</b></i>	<i><b>Weekly cost</b></i>	<i><b>Semi-monthly cost</b></i>	<i><b>Weekly cost</b></i>
<b>Broad Network</b>								
<b>Employee Only</b>	\$154.17	\$71.15	\$115.23	\$53.18	\$67.87	\$31.32	\$25.90	\$11.95
<b>Employee + Spouse/Domestic Partner</b>	\$385.19	\$177.78	\$292.23	\$134.87	\$179.57	\$82.88	\$85.93	\$39.66
<b>Employee + Child(ren)</b>	\$308.32	\$142.30	\$230.46	\$106.36	\$135.72	\$62.64	\$58.32	\$26.91
<b>Employee + Family</b>	\$554.77	\$256.05	\$418.97	\$193.37	\$254.22	\$117.33	\$118.00	\$54.46

You pay the Blended rate on your annual medical plan contributions if you and your spouse/domestic partner enroll in the Plan **but only one of you** completed the Know Your Numbers steps within the designated required time period.

Blended Rates	\$400 Deductible Plan		\$900 Deductible Plan		\$1,500 Deductible Plan		\$2,850 Deductible Plan	
Coverage Level	<i><b>Semi-monthly cost</b></i>	<i><b>Weekly cost</b></i>	<i><b>Semi-monthly cost</b></i>	<i><b>Weekly cost</b></i>	<i><b>Semi-monthly cost</b></i>	<i><b>Weekly cost</b></i>	<i><b>Semi-monthly cost</b></i>	<i><b>Weekly cost</b></i>
<b>Broad Network</b>								
<b>Employee Only</b>	\$154.17	\$71.15	\$115.23	\$53.18	\$67.87	\$31.32	\$25.90	\$11.95
<b>Employee + Spouse/Domestic Partner</b>	\$410.19	\$189.32	\$317.23	\$146.41	\$204.57	\$94.42	\$110.93	\$51.20
<b>Employee + Child(ren)</b>	\$308.32	\$142.30	\$230.46	\$106.36	\$135.72	\$62.64	\$58.32	\$26.91
<b>Employee + Family</b>	\$579.77	\$267.59	\$443.97	\$204.91	\$279.22	\$128.87	\$143.00	\$66.00

You pay the Standard rate on your annual medical plan contributions if you and your spouse/domestic partner enroll in the Plan **but neither you nor your spouse/domestic partner** completed the Know Your Numbers steps within the designated required time period.

Standard Rates	\$400 Deductible Plan		\$900 Deductible Plan		\$1,500 Deductible Plan		\$2,850 Deductible Plan	
Coverage Level	<b>Semi-monthly cost</b>	<b>Weekly cost</b>	<b>Semi-monthly cost</b>	<b>Weekly cost</b>	<b>Semi-monthly cost</b>	<b>Weekly cost</b>	<b>Semi-monthly cost</b>	<b>Weekly cost</b>
<b>Broad Network</b>								
<b>Employee Only</b>	\$179.17	\$82.69	\$140.23	\$64.72	\$92.87	\$42.86	\$50.90	\$23.49
<b>Employee + Spouse/Domestic Partner</b>	\$435.19	\$200.86	\$342.23	\$157.95	\$229.57	\$105.96	\$135.93	\$62.74
<b>Employee + Child(ren)</b>	\$333.32	\$153.84	\$255.46	\$117.90	\$160.72	\$74.18	\$83.32	\$38.45
<b>Employee + Family</b>	\$604.77	\$279.12	\$468.97	\$216.45	\$304.22	\$140.41	\$168.00	\$77.54

**Medical rates are not available for employees of MMA-Northeast, or Security Insurance Services of Marsh & McLennan Agency LLC. For contribution rates, contact the Employee Service Center at +1 866 374 2662, any business day, from 8:00 a.m. to 8:00 p.m. Eastern time.**

See the *Participating in Healthcare Benefits* section for more information on the cost of your coverage, such as information about taxes.

***Imputed Income for Domestic Partner Coverage***

If you cover your domestic partner or your domestic partner’s children, there may be imputed income for the value of the coverage for those family members. See the *Participating in Healthcare Benefits* section for more information on imputed income for domestic partner coverage.

The table below shows the imputed income amounts for all eligible Marsh & McLennan Companies Employees (including MMA-Northeast and Security Insurance Services of Marsh & McLennan Agency LLC):

Section 152 Dependents

If your domestic partner (or his or her child(ren)) qualifies as a dependent under IRS Section 152, imputed income does not apply.

## Imputed Income Rates

Imputed Income for Domestic Partner Coverage								
	\$400 Deductible Plan		\$900 Deductible Plan		\$1,500 Deductible Plan		\$2,850 Deductible Plan	
Coverage Level	<i>Semi-monthly cost</i>	<i>Weekly cost</i>	<i>Semi-monthly cost</i>	<i>Weekly cost</i>	<i>Semi-monthly cost</i>	<i>Weekly cost</i>	<i>Semi-monthly cost</i>	<i>Weekly cost</i>
<b>Broad Network</b>								
<b>Employee + Domestic Partner (non-qualified)</b>								
	\$471.15	\$217.46	\$436.85	\$201.62	\$404.15	\$186.54	\$354.82	\$163.76
<b>Employee + Child(ren) (non-qualified)</b>								
	\$336.54	\$155.33	\$312.04	\$144.01	\$288.68	\$133.24	\$253.44	\$116.97
<b>Employee + Domestic Partner (non-qualified) &amp; Child(ren)</b>								
	\$504.79	\$232.98	\$468.05	\$216.03	\$433.01	\$199.85	\$380.16	\$175.46
<b>Employee + Domestic Partner &amp; Child(ren) (Domestic Partner and Child(ren) (non-qualified)</b>								
	\$841.33	\$388.31	\$780.09	\$360.04	\$721.69	\$333.09	\$633.60	\$292.43

## ID Cards

If you are enrolled in employee only coverage you will automatically be sent one ID card for your medical coverage and one ID card for your prescription drug coverage. You will be sent an additional ID card for each family member enrolled in the Plan with the dependent name on the card. You will be sent your ID card(s) within two to four weeks of your enrollment.

You may request additional ID cards directly from the Claims Administrator.

## How the Medical Plan Options Work

All of the medical plan options help you and your family to pay for medical care. As a participant, you may choose, each time you need medical treatment, to use:

- Any physician, hospital or lab, or
- A provider who participates in the Anthem BCBS PPO network and has agreed to charge reduced fees to the Plan members. Using the network is more cost effective than using non-network providers because their fees are typically less than those charged by non-network providers.

If you use an in-network provider, you do not need to submit a claim form. IN-NETWORK PROVIDERS bill the Claims Administrator directly.

### Under the \$400 Deductible Plan

- Generally, the Plan's reimbursement is 80% for in-network providers and 60% of reasonable and customary charges for OUT-OF-NETWORK PROVIDERS after the Plan's DEDUCTIBLE has been met. You pay the remainder of the fee. (There are some in-network services that don't apply to the deductible and only require copays).

### Under the \$900 Deductible Plan

- Generally, the Plan's reimbursement is 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met. You pay the remainder of the fee charged.

### Under the \$1,500 Deductible Plan

- Generally, the Plan's reimbursement is 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met. You pay the remainder of the fee.

### Under the \$2,850 Deductible Plan

- Generally, the Plan's reimbursement is 70% for in-network providers and 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met. You pay the remainder of the fee.

See the "Detailed List of Covered Services" on page 52 for more detailed information.

Certain expenses are not covered or reimbursed by the Plan, such as any deductible you are required to meet and your share of the amounts above the reasonable and customary charge.

Some services have specific limits or restrictions; see individual service for more information.

Refer to the "What's Not Covered" on page 68 to find out about the services that are not covered under the Plan.

Benefits are only paid for MEDICALLY NECESSARY charges or for specified wellness care expenses.

Preauthorization may be required in order to receive coverage for certain services. It is the Plan participant's responsibility (not the provider or facility) to obtain preauthorization for out-of-network services. For more information on the preauthorization process and applicable services, refer to the description under "Utilization Review" on page 15.

## Health Savings Account and Flexible Spending Accounts

If you are a participant in the \$400 DEDUCTIBLE Plan or \$900 Deductible Plan, you can elect a Flexible Spending Account (FSA) that allows you to put aside money before taxes are withheld so that you can pay for eligible medical, dental and vision expenses that are not reimbursed by any other coverage that you and your qualifying family members have. If you elect the \$1,500 Deductible Plan or the \$2,850 Deductible Plan, you can elect to participate instead in a Health Savings Account (HSA) and, if you choose, a Limited Purpose Health Care Flexible Spending Account (LPHCFSA).

For details about the FSA, HSA, or the LPHCFSA, see the *Health Care Flexible Spending Account*, *Health Savings Account*, or *Limited Purpose Health Care Flexible Spending Account* sections.

## Deductibles

The DEDUCTIBLE is the amount that must be paid before the Plan will reimburse any benefits.

The deductibles vary under each of the medical plan options available to you (as shown in the table below).

Plan feature	\$400 Deductible Plan	\$900 Deductible Plan	\$1,500 Deductible Plan	\$2,850 Deductible Plan
<b>Deductible</b>	<b><i>In-network:</i></b> Employee: \$400 Family <sup>2</sup> : \$800 <sup>3</sup> <b><i>Out-of-network:</i></b> Employee: \$2,500 Family <sup>2</sup> : \$5,000 <sup>3</sup>	<b><i>In-network:</i></b> Employee: \$900 Family <sup>2</sup> : \$1,800 <sup>3</sup> <b><i>Out-of-network:</i></b> Employee: \$3,000 Family <sup>2</sup> : \$6,000 <sup>3</sup>	<b><i>In-network:</i></b> Employee: \$1,500 Family <sup>2</sup> : \$3,000 <sup>4</sup> <b><i>Out-of-network:</i></b> Employee: \$3,000 Family <sup>2</sup> : \$6,000 <sup>4</sup>	<b><i>In-network:</i></b> Employee: \$2,850 Family <sup>2</sup> : \$5,700 <sup>3</sup> <b><i>Out-of-network:</i></b> Employee: \$5,700 Family <sup>2</sup> : \$11,400 <sup>3</sup>

<sup>2</sup> "Family" applies to all coverage levels except Employee-Only.

<sup>3</sup> Not "True" Family: If more than one person in a family is covered under this plan, there are two ways the plan will begin to pay benefits for a covered family member. When a family member meets his or her individual deductible, benefits begin for that family member only, but not for the other family members. When the family deductible is met, benefits begin for every covered family member whether or not they have met their own individual deductibles. The family deductible can only be met by a combination of family members, as amounts counted toward individual deductibles count toward the larger family deductible. The out-of-pocket maximum functions in the same way. When a family member meets his or her individual out-of-pocket maximum, the out-of-pocket maximum is satisfied for that family member only, but not for the other family members. When the family out-of-pocket maximum is met, the out-of-pocket maximum is satisfied for every covered family member whether or not they have met their own individual out-of-pocket maximums. The family out-of-pocket maximum can only be met by a combination of family members, as amounts counted toward individual out-of-pocket maximums count toward the larger family out-of-pocket maximum.

<sup>4</sup> "True" Family: This plan does not require that you or a covered eligible family member meet the "individual" deductible in order to satisfy the family deductible. If more than one person in a family is covered under this plan, benefits begin for any one covered family member only after the family deductible is satisfied. The family deductible may be met by one family member or a combination of family members. The out-of-pocket maximum functions in the same way. If more than one person in a family is covered under this plan, the out-of-pocket maximum is satisfied for any one covered family member when the family out-of-pocket maximum is satisfied. The family out-of-pocket maximum may be met by one family member or a combination of family members.

### ***Do in-network claims apply toward the out-of-network deductible?***

No. Only out-of network claims apply toward the out-of-network deductible.

### ***Do out-of-network claims apply toward the in-network deductible?***

Yes. Out-of-network claims apply toward the in-network deductible. Also, in-network claims apply toward the in-network deductible.

### ***How do deductibles work?***

#### **Under the \$400 Deductible Plan**

The Plan will begin reimbursing benefits for a covered family member once he or she has met the individual deductible (even if the entire family deductible has not been met). The family deductible is the maximum amount you have to pay before the Plan will reimburse any benefits. Copays for doctor visits (including ER and urgent care) and PRESCRIPTION DRUGS do not count toward the deductibles for the \$400 Deductible Plan. A deductible will not apply for a newborn child whose length of stay in the hospital is the same as the mother's length of stay.

### **Under the \$900 Deductible Plan**

The Plan will begin reimbursing benefits for a covered family member once he or she has met the individual deductible (even if the entire family deductible has not been met). The family deductible is the maximum amount you have to pay before the Plan will reimburse any benefits. Prescription drugs do not count toward the deductibles for the \$900 Deductible Plan. A deductible will not apply for a newborn child whose length of stay in the hospital is the same as the mother's length of stay.

### **Under the \$1,500 Deductible Plan**

If the "employee" coverage level is elected, the Plan will begin reimbursing benefits for the one covered individual once he or she has met the individual deductible. For any other coverage level (employee + spouse, employee + child(ren) or family, the Plan will begin reimbursing benefits for a covered family member (including a newborn) once the family deductible is met. In meeting your family deductible, each family member's (including a newborn's) covered expenses (medical and prescription drug expenses) count toward the family deductible. Once this family deductible is met, the Plan will pay benefits for all family members.

### **Under the \$2,850 Deductible Plan**

The Plan will begin reimbursing benefits for a covered family member once he or she has met the individual deductible (even if the entire family deductible has not been met). The family deductible is the maximum amount you have to pay before the Plan will reimburse any benefits. A deductible will not apply for a newborn child whose length of stay in the hospital is the same as the mother's length of stay.

### ***Do I have to meet a new deductible every year?***

You and your family members will have to meet a new deductible each year.

### ***What expenses apply toward the deductible?***

Most of your medical expenses apply toward the deductible. Office visit copays (including ER and urgent care) and Prescription drug expenses do not apply to the deductible for the \$400 Deductible Plan. Prescription drug expenses do not apply to the deductible for the \$900 Deductible Plan.

Under the \$1,500 Deductible Plan and the \$2,850 Deductible Plan, prescription drug expenses (other than preventive drug expenses) also apply toward the deductible.

Refer to "Do preventive drug expenses apply toward the deductible?" on page 12 for further details.

Your payments for the following don't apply toward the Plan deductible:

- Amounts in excess of a reasonable and customary charge
- Preauthorization penalties
- Services not covered by the Plan

### **Under the \$400 Deductible Plan**

- Prescription Drugs
- Office visit copays



### Under the \$900 Deductible Plan

- Prescription Drugs

### Under the \$1,500 Deductible Plan

- Amounts exceeding the network negotiated price for prescription drugs (other than preventive drugs)

### Under the \$2,850 Deductible Plan

- Amounts exceeding the network negotiated price for prescription drugs (other than preventive drugs)

### ***Do preventive drug expenses apply toward the deductible?***

Preventive drugs as defined by the Patient Protection Affordable Care Act for the \$400 Deductible Plan, the \$900 Deductible Plan, the \$1,500 Deductible Plan and \$2,850 Deductible Plan are covered with no cost sharing (i.e. deductible, COINSURANCE, copay). Certain examples include: aspirin products, fluoride products, folic acid products, immunizations, contraceptive methods, smoking cessation products, bowel preps, primary prevention of breast cancer and statins.

If you enrolled in the \$1,500 Deductible Plan or the \$2,850 Deductible Plan, there are certain preventive medications that are not subject to the deductible. Certain examples include: hypertension, diabetes, asthma, and cholesterol lowering drugs.

Call Express Scripts at +1 800 987 8360 for more information about preventive drugs. You can access the preventive drug listing at [express-scripts.com](http://express-scripts.com). To obtain information on the cost of preventive drugs, log on to the Drug Pricing Tool at [express-scripts.com](http://express-scripts.com). Follow the provided steps to access the Drug Pricing Tool.

- Go to [express-scripts.com](http://express-scripts.com).
- Login or create an account.
- Prescriptions.
- Price a medication.
- Choose a pharmacy and enter drug name.

## Out-of-Pocket Maximums

The maximum amount you have to pay toward the cost of the medical care you receive in the course of one year (excluding your per paycheck contributions to participate in the Plan). The out-of-pocket maximums vary under each of the medical plan options as follows:

Plan feature	\$400 Deductible Plan	\$900 Deductible Plan	\$1,500 Deductible Plan	\$2,850 Deductible Plan
<b>Out-of-pocket maximum (including DEDUCTIBLE)</b>	<b><i>In-network:</i></b> Employee: \$2,200 Family <sup>2</sup> : \$4,400 <sup>3</sup> <b><i>Out-of-network:</i></b> Employee: \$4,400 Family <sup>2</sup> : \$8,800 <sup>3</sup>	<b><i>In-network:</i></b> Employee: \$3,000 Family <sup>2</sup> : \$6,000 <sup>3</sup> <b><i>Out-of-network:</i></b> Employee: \$6,000 Family <sup>2</sup> : \$12,000 <sup>3</sup>	<b><i>In-network:</i></b> Employee: \$3,000 Family <sup>2</sup> : \$6,000 <sup>4</sup> <b><i>Out-of-network:</i></b> Employee: \$6,000 Family <sup>2</sup> : \$12,000 <sup>4</sup>	<b><i>In-network:</i></b> Employee: \$5,500 Family <sup>2</sup> : \$11,000 <sup>3</sup> <b><i>Out-of-network:</i></b> Employee: \$11,000 Family <sup>2</sup> : \$22,000 <sup>3</sup>

<sup>2</sup> “Family” applies to all coverage levels except Employee-Only.

<sup>3</sup> Not “True” Family: If more than one person in a family is covered under this plan, there are two ways the plan will begin to pay benefits for a covered family member. When a family member meets his or her individual deductible, benefits begin for that family member only, but not for the other family members. When the family deductible is met, benefits begin for every covered family member whether or not they have met their own individual deductibles. The family deductible can only be met by a combination of family members, as amounts counted toward individual deductibles count toward the larger family deductible. The out-of-pocket maximum functions in the same way. When a family member meets his or her individual out-of-pocket maximum, the out-of-pocket maximum is satisfied for that family member only, but not for the other family members. When the family out-of-pocket maximum is met, the out-of-pocket maximum is satisfied for every covered family member whether or not they have met their own individual out-of-pocket maximums. The family out-of-pocket maximum can only be met by a combination of family members, as amounts counted toward individual out-of-pocket maximums count toward the larger family out-of-pocket maximum.

<sup>4</sup> “True” Family: This plan does not require that you or a covered eligible family member meet the “individual” deductible in order to satisfy the family deductible. If more than one person in a family is covered under this plan, benefits begin for any one covered family member only after the family deductible is satisfied. The family deductible may be met by one family member or a combination of family members. The out-of-pocket maximum functions in the same way. If more than one person in a family is covered under this plan, the out-of-pocket maximum is satisfied for any one covered family member when the family out-of-pocket maximum is satisfied. The family out-of-pocket maximum may be met by one family member or a combination of family members.

Prescription drug expenses apply toward the out-of-pocket maximum.

The out-of-pocket maximum doesn’t apply to:

- Amounts exceeding Plan limits
- Amounts in excess of a reasonable and customary charge
- Preauthorization penalties
- Services not covered by the Plan
- Amounts exceeding the network negotiated price for PRESCRIPTION DRUGS.

Your deductible applies toward your out-of-pocket maximum.

***Do in-network claims apply toward the out-of-network out-of-pocket maximum?***

No. Only out-of-network claims apply toward the out-of-network out-of-pocket maximum.

***Do out-of-network claims apply toward the in-network out-of-pocket maximum?***

Yes. Out-of-network claims apply toward the in-network out-of-pocket maximum. Also, in-network claims apply toward the in-network out-of-pocket maximum.

***How does the annual out-of-pocket maximum (limit) work for family members?*****Under the \$400 Deductible Plan**

The Plan will begin reimbursing benefits for a covered family member at 100% once he or she has met the individual out-of-pocket maximum (even if the entire family out-of-pocket maximum has not been met).

**Under the \$900 Deductible Plan**

The Plan will begin reimbursing benefits for a covered family member at 100% once he or she has met the individual out-of-pocket maximum (even if the entire family out-of-pocket maximum has not been met).

**Under the \$1,500 Deductible Plan**

In meeting your family out-of-pocket maximum, each family member's (including a newborn's) covered expenses (medical and prescription drug expenses) count toward the family out-of-pocket maximum.

If you cover ELIGIBLE FAMILY MEMBERS, you must meet the family out-of-pocket maximum. Once this out-of-pocket maximum has been met, the Plan will pay benefits for all family members at 100% for IN-NETWORK PROVIDERS and 100% of reasonable and customary charges for OUT-OF-NETWORK PROVIDERS.

**Under the \$2,850 Deductible Plan**

The Plan will begin reimbursing benefits for a covered family member at 100% once he or she has met the individual out-of-pocket maximum (even if the entire family out-of-pocket maximum has not been met).

**Networks**

Anthem Blue Card PPO Broad network is available nationally.

***Is there a network of doctors and hospitals that I have to use?***

Using the network is not mandatory, but generally, you will receive a higher reimbursement when using the network. If you use an in-network provider, you will be reimbursed 80% (70% under the \$2,850 DEDUCTIBLE Plan). If you use an out-of-network provider, you will be reimbursed 60% (50% under the \$2,850 Deductible Plan) of reasonable and customary charges for covered expenses after the Plan's deductible has been met.

In the event that you receive care from an out-of-network doctor (such as an anesthesiologist) while being treated at an in-network facility, benefits will be paid at the in-network level.

The network includes general practitioners, as well as specialists and hospitals. These network providers are selected by and contracted with the Claims Administrator.

### ***Where can I get a directory that lists all the doctors and hospitals in the network?***

The doctors and hospitals in the network are listed in a provider directory. The Claims Administrator provides an online directory of providers or you may call the Claims Administrator.

Call Member Services at +1 855 570 1150 or visit [anthem.com](http://anthem.com). On the Anthem website:

- From Individual & Family, select Find a Doctor under Care.
- Under Search as a Member, enter MMQ under Identification Number or Alpha Prefix and select Continue.
- You can then search by type of doctor, location and/or name.

### ***Is there a network of providers for mental health treatment?***

There is a network of mental health providers. Providers in the network are listed in a provider directory. The Claims Administrator provides an online directory available at [www.anthem.com](http://www.anthem.com). You may also call the Claims Administrator.

### ***Is there a network of pharmacies?***

There is a pharmacy network associated with this Plan. You must use a pharmacy in the network to receive coverage under this Plan.

The Pharmacy Benefits Manager provides an online directory of network pharmacies available at <http://www.express-scripts.com/>.

To locate an in-network retail pharmacy:

- Go to [express-scripts.com](http://express-scripts.com).
- Login or create an account.
- Prescriptions.
- Find a pharmacy.

Or call Express Scripts at +1 800 987 8360 for more information.

## Utilization Review

### ***Which utilization review services are offered?***

The Plan offers preauthorization and case management review.

You may obtain more information about these review services by calling the Claims Administrator.

## ***What is Preauthorization?***

Preauthorization is a utilization review service performed by licensed healthcare professionals. The intent is to determine medical necessity and appropriateness of proposed treatment, including level of care, benefit coverage and eligibility.

In many cases, your Non-Network Benefits will be reduced if the Claims Administrator has not provided preauthorization.

## ***What services require preauthorization?***

The following types of medical expenses require preauthorization:

- INPATIENT Admission:
  - Inclusive of all Acute Inpatient, Skilled Nursing Facility, Long Term Acute Rehab, and OB delivery stays beyond the Federal Mandate minimum LOS (including newborn stays beyond the mother's stay)
  - Emergency Admissions (Requires Plan notification no later than 2 business days after admission)
- OUTPATIENT and Surgical Services:
  - Abdominoplasty, panniculectomy, diastasis recti repair
  - Ablative techniques as a treatment for Barrett's Esophagus
  - Air Ambulance (excludes 911 initiated emergency transport)
  - Allogeneic, Xenographic, Synthetic and Composite Products for Wound Healing and Soft Tissue Grafting
  - Artificial intervertebral disc
  - Autologous Cellular Immunotherapy for the Treatment of Prostate Cancer/Sipuleucel-T (Provenge®)
  - Balloon sinuplasty
  - Bariatric surgery
  - Blepharoplasty
  - Bone-Anchored and Bone Conduction Hearing Aids
  - Bone growth stimulator: Electric or Ultrasound
  - Brachioplasty
  - Breast procedures: including reconstructive surgery, implants, reduction, mastectomy for gynecomastia and other breast procedures
  - Bronchial Thermoplasty for Treatment of Asthma

- Buttock/Thigh Lift
- Cardiac Ion Channel Genetic Testing
- Cardiac resynchronization therapy (CRT) with or without Implantable Cardioverter
- Carotid, Vertebral and intracranial artery angioplasty with or without stent placement
- Cervical total disc arthroplasty
- Chin Implant, mentoplasty, osteoplasty, mandible
- Chromosomal Microarray Analysis (CMA) for Developmental Delay, Autism Spectrum Disorder, Intellectual Disability (Intellectual Developmental Disorder) and Congenital Anomalies
- Cochlear Implants and Auditory Brainstem Implants
- Communication assisting/Speech generating devices
- Computer-assisted musculoskeletal surgical navigational orthopedic procedures of the appendicular system
- Constant intestinal glucose monitoring
- Cryosurgical ablation of solid tumors outside the liver
- Cryopreservation of Oocytes or Ovarian Tissue
- Cryosurgical Ablation of Solid Tumors Outside the Liver
- Custom –made Knee Braces
- Deep Brain, Cortical, and Cerebellar Stimulation
- Defibrillator (CER/ICD) for the treatment of heart failure
- Dynamic Low-Low Proonged Duration Stretch Devices (LLPS)
- Endovascular Techniques (Percutaneous or Open Exposure) for Arterial Revascularization of the Lower Extremities
- External (portable) continuous insulin infusion pump
- Extracorporeal shock wave therapy for orthopedic conditions
- Functional electrical stimulation (FES); Threshold electrical stimulation (TES)
- Functional endoscopic sinus surgery
- Gastric electrical stimulation
- Gender reassignment surgery

- Gene Expression Profiling for Managing Breast Cancer Treatment
- Genetic Testing for Breast and/or Ovarian Cancer Syndrome
- Genetic Testing for Colorectal Cancer Susceptibility
- Gene Therapy including gene replacement therapy
- Gene Replace Therapy for retinal dystrophies
- Hyperbaric oxygen therapy (Systemic/Topical)
- Implantable ambulatory event monitors and mobile cardiac telemetry
- Implantable devices for spinal stenosis
- Implantable infusion pumps
- Implantable Middle Ear Hearing Aids
- Implantable or wearable cardioverter-defibrillator
- Implanted spinal cord stimulators
- Insertion/injection of prosthetic material collagen implants
- Intensity modulated radiation therapy (IMRT) Intensive Outpatient Therapy (IOP) for Behavioral Health
- Intraocular Anterior Segment Aqueous Drainage Devices (without extraocular reservoir)
- Intrathecal treatment of Spinal Muscular Atrophy (SMA)
- Keratoprosthesis
- Liposuction/lipectomy
- Locally ablative techniques for treating primary and metastatic liver malignancies
- Lower Esophageal Sphincter Augmentation Devices for the Treatment of Gastroesophageal Reflux Disease (GERD)
- Lumbar Discography
- Lumbar spine surgeries
- Lung volume reduction surgery
- Lysis of epidural adhesions
- Magnetic Source Imaging and Magnetoencephalography (MSI/MEG)
- Manipulation under anesthesia of the spine and joints other than the knee

- Maze procedure
- Mechanical Circulatory Assist Devices (Ventricular Assist Devices, Percutaneous Ventricular Assist Devices and Artificial Hearts)
- Mechanical Embolectomy for Treatment of Acute Stroke
- Meniscal Allograft Transplantation of the Knee
- Microprocessor controlled lower limb prosthesis
- MRI Guided High Intensity Focused Ultrasound Ablation for Non-Oncologic Indications
- Occipital nerve stimulation
- Oral, pharyngeal and maxillofacial surgical treatment for obstructive sleep apnea
- Orthognathic surgery
- Oscillatory devices for airway clearance including high frequency chest compression and intrapulmonary percussive ventilation (IPV)
- Outpatient Cardiac Hemodynamic Monitoring Using a Wireless Sensor for Heart Failure Management
- Ovarian and internal iliac vein embolization as a treatment of pelvic congestion syndrome
- Partial Hospitalization for Behavioral Health
- Partial left ventriculectomy
- Penile prosthesis implantation
- Percutaneous Neurolysis for Chronic Neck and Back Pain
- Percutaneous spinal procedures
- Percutaneous Vertebroplasty, kyphoplasty, and sacroplasty
- Perirectal Spacers for Use During Prostate Radiotherapy
- Pneumatic compression devices for lymphedma
- Power wheeled mobility devices
- Presbyopia and Stigmatism – Correcting Intraocular Lenses
- Preimplantation Genetic Diagnosis Testing
- Private Duty Nursing
- Procedures performed on male or female genitalia
- Procedures performed on the face, jaw or neck (including facial dermabrasion, scar revision)



- Procedure performed on the trunk and groin
- Prostate Saturation Biopsy
- Prosthetics: electronic or externally powered and select other prosthetics
- Proton beam therapy
- Radiofrequency Ablation to Treat Tumors Outside the Liver
- Repair of pectus excavatum/carinatum
- Residential Care (RTC)
- Rhinoplasty
- Sacral nerve stimulation as a treatment of neurogenic bladder secondary to spinal cord injury
- Sacral Nerve Stimulation (SNS) and Percutaneous Tibial Nerve Stimulation (PTNS) for Urinary and Fecal Incontinence; Urinary Retention
- Sacroiliac joint fusion
- Septoplasty
- Single Photon Emission Computed Tomography (SPECT) Scans for Noncardiovascular Indications
- Skin-related procedures
- SmartPill™ Motility Testing
- Standing frame
- Stereotactic radiosurgery (SRS) and stereotactic body radiotherapy (SBRT)
- Surgical and ablative treatment for chronic headache
- Surgical and minimally invasive treatments for benign prostatic hyperplasia (BPH) and other GU conditions
- Total ankle replacement
- Transcatheter Ablation of Arrhythmogenic Foci in the Pulmonary Veins as a Treatment of Atrial Fibrillation (Radiofrequency and Cryoablation)
- Transcatheter Arterial Chemoembolization (TACE) and Transcatheter Arterial Embolization (TAE) for treating Primary or Metastatic Liver Tumors
- Transcatheter Arterial Chemoembolization (TACE) and Transcatheter Arterial Embolization (TAE) for Malignant Lesions Outside the Liver – except CNS and Spinal Cord
- Transcatheter closure of patent foramen ovale and left atrial appendage for stroke prevention

- Transcatheter Heart Valve Procedures
- Transcatheter Uterine Artery Embolization
- Transcranial Magnetic Stimulation (TMS)
- Transplant – all procedures
- Transendoscopic Therapy for Gastroesophageal Reflux Disease and Dysphagia
- Transmyocardial/Periventricular Device Closure of Ventricular Septal Defects
- Transtympanic micropressure for the treatment of Meniere’s disease
- Treatment of Hyperhidrosis
- Treatment of obstructive sleep apnea, UPPP
- Treatment of osteochondral defects
- Treatment of Temporomandibular Disorders
- Vagus Nerve Stimulation
- Varicose vein treatment
- Viscocanalostomy and canaloplasty
- Wheeled Mobility Devices: Manual Wheelchairs – Ultra Lightweight
- Wireless Capsule Endoscopy for Gastrointestinal Imaging and the Patency Capsule
- Out-of-Network Referrals:
- Out-of-Network Services for consideration of payment at Network benefit level (may be authorized, based on Network availability and/or medical necessity.)
- Mental Health/Substance Abuse (MHSA):
  - Pre-Certification Required
    - Acute Inpatient Admissions
    - Applied Behavioral Analysis
    - Transcranial Magnetic Stimulation (TMS)
    - Intensive Outpatient Therapy (IOP)
    - Partial Hospitalization (PHP)
    - Residential Care
    - Behavioral Health in-home Programs

If you have an emergency hospital admission, surgery or specified procedure, you, a family member, your physician or the hospital must preauthorize within 48 hours of service.

If the procedure or treatment is performed for any condition other than an emergency condition, the call must be made at least 15 days before the date the procedure is to be performed or the treatment is to start. If it is not possible to make the call during the specified time, it must be made as soon as reasonably possible before the date the procedure or treatment is to be performed.

If you are receiving an infused medication, certain medications may require use of the lowest cost site of care.

### ***Do I need to have my maternity coverage preauthorized?***

No. Preauthorization within 48 hours is not required for the initial hospital admission.

You must notify the preauthorization service if the mother or her newborn stay in the hospital longer than 48 hours after a vaginal delivery or 96 hours after a Cesarean birth. This notification must occur within 24 hours of the determination to extend the stay.

### ***When do I obtain preauthorization?***

You, your family member or health care professional must obtain preauthorization as soon as you know you need a service requiring preauthorization, but not less than 15 days prior to the procedure or treatment.

**Note:** You are responsible for ensuring your service has been preauthorized.

### ***How do I obtain preauthorization?***

Initiate the preauthorization process by calling the Claims Administrator.

### ***What happens if I fail to obtain preauthorization?***

If you fail to obtain preauthorization, there will be no penalty.

You are responsible for preauthorizing out-of-network services only. Your in-network provider will preauthorize all other services related to inpatient admissions, but you are responsible for authorizing all other required services.

### ***What approvals do I need if I am going into the hospital?***

You must obtain preauthorization as soon as possible but at least 15 days before you are admitted for a non-emergency hospital admission or stay.

If you have an emergency hospital admission, surgery or specified procedure, you, a family member, your physician or the hospital must preauthorize within 48 hours of the service.

### ***Case Management Review***

When the preauthorization service identifies a major medical condition, that condition will be subject to case management review. Case management review aims at identifying major medical conditions early in the treatment plan and makes recommendations regarding the medical necessity of requested health care services.

Case managers with experience in intensive medical treatment and rehabilitation provide case management services. The case manager works with the patient's physician to identify available resources and develop the best treatment plan. In addition, the case manager can coordinate the various caregivers, such as occupational or physical therapists, required by the patient.

Situations that may benefit from case management include severe illnesses and injuries such as:

- Head trauma
- Organ transplants
- Burn cases
- Neo-natal high risk infants
- Multiple fractures
- HIV-related conditions
- Brain injuries
- Cancer
- Prolonged illnesses
- Degenerative neurological disorders (e.g. multiple sclerosis).

To best help the patient, the case managers should be involved from the earliest stages of a major condition. This service gives you access to a knowledgeable case manager who will use his or her expertise to assist you and your physician in considering your treatment options.

If the case managers questions the necessity of the proposed hospital admission or procedure, a physician advisor may contact your physician to discuss your case and suggest other treatment options that are generally utilized for your condition. You, your physician, and the case manager will be informed of the outcome of the review, and the Claims Administrator will determine the level of benefit coverage you will receive. You and your physician will be notified of the utilization reviewer's recommendation by telephone and in writing. You will also be informed of the appeal process if the procedures your physician ultimately recommends are not covered under the Plan (as determined by the Claims Administrator).

## What's Covered

### ***Pre-existing Conditions***

There are no exclusions, limitations or waiting periods for PRE-EXISTING CONDITIONS for you or any covered family members.

### ***Are immunizations for business travel covered under the Plan?***

The Plan does not cover immunizations for business travel.

### ***Is acupuncture covered under the Plan?***

The Plan covers acupuncture when it is:

- performed by a physician as a form of anesthesia in connection with surgery or dental procedure that is covered under the Plan.
- a form of Alternative Treatment as long as it is rendered by a certified/licensed individual.

Coverage is limited to 12 visits per year.

### ***Are insulin pump supplies covered under the medical coverage?***

Yes. Insulin pump supplies are covered under the medical coverage. Insulin pump supplies are not covered under the prescription drug coverage. Any disposable syringes used in conjunction with insulin pump treatment would be covered under the pharmacy benefit.

### ***Can a prosthetic device be replaced?***

The Plan covers the replacement of prosthetic devices when MEDICALLY NECESSARY. The Plan does not cover replacements due to loss or misuse.

### ***Are wigs covered?***

The Plan will pay benefits for wigs when medically necessary up to one per calendar year per covered member.

## Preventive/Wellness Care

### ***How is preventive/wellness care covered?***

The Plan covers PREVENTIVE/WELLNESS CARE at:

#### **Under the \$400 Deductible Plan**

- 100% for IN-NETWORK PROVIDERS with no DEDUCTIBLE and 60% of reasonable and customary charges for OUT-OF-NETWORK PROVIDERS after the Plan's deductible has been met. Plan limits apply. Contact the Claims Administrator for specific details.

#### **Under the \$900 Deductible Plan**

- 100% for in-network providers with no deductible and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met. Plan limits apply. Contact the Claims Administrator for specific details.

#### **Under the \$1,500 Deductible Plan**

- 100% for in-network providers with no deductible and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met. Plan limits apply. Contact the Claims Administrator for specific details.

#### **Under the \$2,850 Deductible Plan**

- 100% for in-network providers with no deductible and 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met. Plan limits apply. Contact the Claims Administrator for specific details.

If covered as part of annual physical, routine hearing screenings are covered at 100% with no cost sharing in network.

### ***What services are considered preventive/wellness care?***

The Plan considers physician, testing and diagnostic fees for the following specific wellness expenses to be preventive/wellness care:

- Blood cell counts
- Blood tests for prostate screening
- Breastfeeding support, including education for mothers and families as well as direct support for mothers during breastfeeding provided by a certified lactation support provider. Purchase/rental of breast pumps and supplies are subject to carrier limitations.
- Cholesterol tests
- Mammograms (including 3D mammograms)
- Pap smears
- Routine physical exams, including one pelvic exam each calendar year
- Sigmoidoscopy Tuberculosis tests
- Urinalysis.

The following services are not considered preventive/wellness care:

- Services which are covered to any extent under any other group plan of your employer.
- Services which are for diagnosis or treatment of a suspected or identified injury or disease.
- Exams given while the person is confined in a hospital or other facility for medical care.
- Services which are not given by a physician or under his or her direct supervision.
- Medicines, drugs, appliances, equipment, or supplies.
- Psychiatric, psychological, personality or emotional testing or exams.
- Exams in any way related to employment or required by a third party such as school or camp.
- Premarital exams.
- Vision, hearing, or dental exams.

## ***Does the Plan cover outpatient physician services?***

The Plan covers charges for OUTPATIENT office visits at:

### **Under the \$400 Deductible Plan**

- \$20 (PCP and Mental Health/Substance Use Disorder Out Patient provider) or \$40 (Specialist) per in-network office visit (no deductible) and 60% of reasonable and customary charges for out-of-network providers after the Plan deductible has been met.

### **Under the \$900 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan deductible has been met.

### **Under the \$1,500 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan deductible has been met.

### **Under the \$2,850 Deductible Plan**

- 70% for in-network providers and 50% of reasonable and customary charges for out-of-network providers after the Plan deductible has been met.

## ***Does the Plan cover gynecology visits?***

The Plan covers one routine gynecological exam each calendar year at:

### **Under the \$400 Deductible Plan**

- 100% for in-network providers with no deductible and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met as part of preventive/wellness care.

### **Under the \$900 Deductible Plan**

- 100% for in-network providers with no deductible and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met as part of preventive/wellness care.

### **Under the \$1,500 Deductible Plan**

- 100% for in-network providers with no deductible and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met as part of preventive/wellness care.

### **Under the \$2,850 Deductible Plan**

- 100% for in-network providers with no deductible and 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met as part of preventive/wellness care.

If the visit to the gynecologist is for treatment of a medical condition, it is not considered routine care and will be covered at:

**Under the \$400 Deductible Plan**

- \$20 (PCP) per office visit for in-network providers (no deductible) and 60% of reasonable and customary charges for out-of-network providers after the Plan deductible has been met

**Under the \$900 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan deductible has been met.

**Under the \$1,500 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan deductible has been met.

**Under the \$2,850 Deductible Plan**

- 70% for in-network providers and 50% of reasonable and customary charges for out-of-network providers under after the Plan deductible has been met.

***Does the Plan cover mammograms?***

The Plan covers routine mammograms (including 3D mammograms) at:

**Under the \$400 Deductible Plan**

- 100% for in-network providers with no deductible and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

**Under the \$900 Deductible Plan**

- 100% for in-network providers with no deductible and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

**Under the \$1,500 Deductible Plan**

- 100% for in-network providers with no deductible and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

**Under the \$2,850 Deductible Plan**

- 100% for in-network providers with no deductible and 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.



There are no age or frequency limitations. It is recommended that members follow the American Cancer Society guidelines for age and frequency to determine when to receive preventive care services.

### ***Does the Plan cover Pap smears?***

The Plan covers one routine Pap smear each calendar year at:

#### **Under the \$400 Deductible Plan**

- 100% for in-network providers with no deductible and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met as part of preventive/wellness care.

#### **Under the \$900 Deductible Plan**

- 100% for in-network providers with no deductible and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met as part of preventive/wellness care.

#### **Under the \$1,500 Deductible Plan**

- 100% for in-network providers with no deductible and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met as part of preventive/wellness care.

#### **Under the \$2,850 Deductible Plan**

- 100% for in-network providers with no deductible and 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met as part of preventive/wellness care.

If your doctor recommends a non-routine Pap smear as a follow up to a medical diagnosis, the Plan:

#### **Under the \$400 Deductible Plan**

- requires a \$20 copay for in-network providers (no deductible) and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

#### **Under the \$900 Deductible Plan**

- covers your Pap smear at 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

#### **Under the \$1,500 Deductible Plan**

- covers your Pap smear at 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

#### **Under the \$2,850 Deductible Plan**

- covers your Pap smear at 70% for in-network providers and 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

## ***Does the Plan cover prostate specific antigen (PSA) tests and routine Annual Digital Rectal exams?***

The Plan covers routine prostate specific antigen (PSA) tests for covered males (with no age limitations) and routine Annual Digital Rectal Exam (DRE).

### **Under the \$400 Deductible Plan**

- 100% for in-network providers with no deductible and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met as part of preventive/wellness care.

### **Under the \$900 Deductible Plan**

- 100% for in-network providers with no deductible and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met as part of preventive/wellness care.

### **Under the \$1,500 Deductible Plan**

- 100% for in-network providers with no deductible and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met as part of preventive/wellness care.

### **Under the \$2,850 Deductible Plan**

- 100% for in-network providers with no deductible and 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met as part of preventive/wellness care.

If your doctor recommends a non-routine DRE test as a follow-up to a medical diagnosis, the Plan covers your DRE test at:

### **Under the \$400 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

### **Under the \$900 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

### **Under the \$1,500 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

### **Under the \$2,850 Deductible Plan**

- 70% for in-network providers and 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

## **Maternity**

### ***Who is eligible for maternity coverage?***

Maternity coverage is available to eligible covered female participants.

### ***Do I need to have my maternity coverage preauthorized?***

No. Preauthorization within 48 hours is not required for the initial hospital admission.

You must notify the preauthorization service if the mother or her newborn stay in the hospital longer than 48 hours after a vaginal delivery or 96 hours after a Cesarean birth. This notification must occur within 24 hours of the determination to extend the stay.

### ***Does the Plan cover prenatal visits?***

Note that routine prenatal care, as defined by the Department of Health and Human Services, is covered with no cost sharing (i.e. deductibles, COINSURANCE, copays) for all plans.

The Plan covers prenatal visits in-network at:

#### **Under the \$400 Deductible Plan**

- \$20 copay for the first office visit.

#### **Under the \$900 Deductible Plan**

- 80% for IN-NETWORK PROVIDERS after the Plan DEDUCTIBLE has been met.

#### **Under the \$1,500 Deductible Plan**

- 80% for in-network providers after the Plan deductible has been met.

#### **Under the \$2,850 Deductible Plan**

- 70% for in-network providers after the Plan deductible has been met.

After the first visit, subsequent visits are typically billed as part of doctor's delivery fee, which is also reimbursed at:

#### **Under the \$400 Deductible Plan**

- 80% after the Plan's deductible has been met.

#### **Under the \$900 Deductible Plan**

- 80% after the Plan's deductible has been met.

#### **Under the \$1,500 Deductible Plan**

- 80% after the Plan's deductible has been met.

#### **Under the \$2,850 Deductible Plan**

- 70% after the Plan's deductible has been met.

The Plan covers prenatal visits out-of-network at:

#### **Under the \$400 Deductible Plan**

- 60% of reasonable and customary charges for OUT-OF-NETWORK PROVIDERS after the Plan's deductible has been met.

#### **Under the \$900 Deductible Plan**

- 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

**Under the \$1,500 Deductible Plan**

- 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

**Under the \$2,850 Deductible Plan**

- 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

***What will the Plan pay for the doctor's charge for delivering the baby?***

The Plan covers charges for delivery of the baby at:

**Under the \$400 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

**Under the \$900 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

**Under the \$1,500 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

**Under the \$2,850 Deductible Plan**

- 70% for in-network providers and 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

***What will the Plan pay for the doctor's charge for examining the baby?***

The Plan covers the charges for your baby's first examination in the hospital at:

**Under the \$400 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

**Under the \$900 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

**Under the \$1,500 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

**Under the \$2,850 Deductible Plan**

- 70% for in-network providers and 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

A child is covered at birth as long as the baby meets the child eligibility requirements and is enrolled within 60 days of the birth.

## ***What will the Plan pay for hospital charges for the mother and the baby?***

The Plan covers hospital charges for maternity admissions at:

### **Under the \$400 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

### **Under the \$900 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

### **Under the \$1,500 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

### **Under the \$2,850 Deductible Plan**

- 70% for in-network providers and 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

The Plan covers newborn nursery care at:

### **Under the \$400 Deductible Plan**

- 80% for in-network providers with 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

### **Under the \$900 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

### **Under the \$1,500 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

### **Under the \$2,850 Deductible Plan**

- 70% for in-network providers and 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

A child is covered at birth as long as the baby meets the child eligibility requirements and is enrolled within 60 days of the birth.

The mother and the newborn child are covered for a minimum of 48 hours of care following a vaginal delivery and 96 hours following a Cesarean section. However, the mother's provider may — after consulting with the mother — discharge the mother earlier than 48 hours following a vaginal delivery (96 hours following a Cesarean section).

You must notify the Claims Administrator within 24 hours of a determination to extend the stay.

### ***Does the Plan cover midwife services?***

The Plan covers midwives who are in practice with a network group at:

#### **Under the \$400 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers in association with a supervising physician after the Plan's deductible has been met.

#### **Under the \$900 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers in association with a supervising physician after the Plan's deductible has been met.

#### **Under the \$1,500 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers in association with a supervising physician after the Plan's deductible has been met.

#### **Under the \$2,850 Deductible Plan**

- 70% for in-network providers and 50% of reasonable and customary charges for out-of-network providers in association with a supervising physician after the Plan's deductible has been met.

### ***What is the wellness program for Maternity?***

The Anthem BCBS Future Mom's Program provides tools and information to help your whole family have a successful pregnancy. Use this program throughout your pregnancy and after your baby is born to:

- Learn what's best for a healthy pregnancy
  - Receive materials on prenatal care, labor and delivery, newborn care and more
  - Get information for the father or domestic partner
  - Take a pregnancy risk survey and find out if you have any issues or risk factors that could affect your pregnancy
- If you have issues or risk factors that need special attention, the program's nurses provide personal case management to determine ways to lower your risks
- Get support to help quit smoking
- Reduce your risk for pre-term labor.

For more information about the Anthem BCBS Future Mom's Program, call +1 855 570 1150.

### ***If my dependent child has a baby does the Plan cover the newborn child?***

Unless the newborn meets the definition of an eligible child and is covered under the Plan, medical care for the newborn, whether in or out of the hospital, is not covered.

## Family Planning

### ***Does the Plan cover infertility treatment?***

The Plan covers infertility treatments with a benefit cap of \$15,000 for medical services at:

#### **Under the \$400 Deductible Plan**

- Services billed in-network for an office visit are subject to copay and all other in-network services are subject to 80% COINSURANCE after the Plan's DEDUCTIBLE has been met. Out of network services are covered at 60% of reasonable and customary charges after the Plan's deductible has been met.

#### **Under the \$900 Deductible Plan**

- 80% for IN-NETWORK PROVIDERS and 60% of reasonable and customary charges for OUT-OF-NETWORK PROVIDERS after the Plan's deductible has been met.

#### **Under the \$1,500 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

#### **Under the \$2,850 Deductible Plan**

- 70% for in-network providers and 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

Benefits for infertility treatment are limited to a medical lifetime maximum of \$15,000 per person.

Infertility treatments are covered as follows:

- Assisted reproduction procedures (including facility charges and related expenses) due to infertility
- Ovulation induction and monitoring
- Artificial Reproductive Technology (ART)
  - In vitro fertilization
  - Gamete intrafallopian transfer (GIFT)
  - Zygote intrafallopian transfer (ZIFT)
  - Cryopreserved embryo transfers
  - Intracytoplasmic sperm injection (ICSI) or ovum microsurgery.
- Cryopreservation of mature oocytes is only covered when MEDICALLY NECESSARY; contact the Claims Administrator for additional information

Artificial insemination is considered an infertility treatment and is limited to the overall infertility medical lifetime maximum of \$15,000 per person as noted in the infertility treatment sub-section.

You must obtain preauthorization before receiving infertility treatment.

PRESCRIPTION DRUGS related to infertility are covered under the prescription drug benefit and a separate lifetime maximum benefit cap of \$15,000 applies for prescription drugs related to infertility.

### ***Is there a program for help navigating the fertility process?***

Anthem offers a fertility support program that is administered by WINFertility.

Call Toll Free at +1 844 446 2329 or visit <http://managed.winfertility.com/mmc>.

Your fertility support through WINFertility offers:

- Benefit consultations and prior authorization of treatment.
- 24/7 access to Nurse Care Managers who provide support and can answer your questions related to:
  - Infertility causes, testing, types of treatment
  - Medications used in infertility treatment; including side effects, storage and usage
  - Treatment option success rates and risks
  - Assistance with provider selection
  - Referral to high risk maternity groups and health plan programs

### ***Are contraceptive devices covered under the Plan?***

The Plan covers contraceptive devices at:

#### **Under the \$400 Deductible Plan**

- 100% for in-network providers (no deductible) and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

#### **Under the \$900 Deductible Plan**

- 100% for in-network providers (no deductible) and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

#### **Under the \$1,500 Deductible Plan**

- 100% for in-network providers (no deductible) and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

#### **Under the \$2,850 Deductible Plan**

- 100% for in-network providers (no deductible) and 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

Oral and injectable contraceptives are covered under the prescription drug plan.

Certain contraceptives are covered under the prescription drug plan. To check drug coverage, visit [www.express-scripts.com](http://www.express-scripts.com).



## ***Does the Plan cover vasectomy?***

The Plan covers vasectomies at:

### **Under the \$400 Deductible Plan**

- Services billed in-network for an office visit are subject to copay and all other in-network services are subject to 80% coinsurance after the Plan's deductible has been met. Out of network services are covered at 60% of reasonable and customary charges after the Plan's deductible has been met.

### **Under the \$900 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

### **Under the \$1,500 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

### **Under the \$2,850 Deductible Plan**

- 70% for in-network providers and 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

You must obtain preauthorization before you are admitted to the hospital.

Vasectomy reversals are not covered under the Plan.

## ***Does the Plan cover tubal ligation?***

The Plan covers in-patient and OUTPATIENT tubal ligation at:

### **Under the \$400 Deductible Plan**

- 100% for in-network providers with no deductible and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

### **Under the \$900 Deductible Plan**

- 100% for in-network providers with no deductible and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

### **Under the \$1,500 Deductible Plan**

- 100% for in-network providers with no deductible and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

### **Under the \$2,850 Deductible Plan**

- 100% for in-network providers with no deductible and 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

You must obtain preauthorization before you are admitted to the hospital.

Tubal ligation reversals are not covered.

## Gene Therapy Services

Your Plan includes benefits for gene therapy services, when Anthem approves the benefits in advance through Precertification. To be eligible for coverage, services must be Medically Necessary and performed by an approved Provider at an approved treatment center. Even if a Provider is a Network Provider for other services they may not be an approved Provider for certain gene therapy services. Please call the Claims Administrator to find out which providers are approved Providers. When calling Member Services, ask for the transplant case manager for further details.

### ***Services Not Eligible for Coverage***

Your Plan does not include benefits for the following:

- Services determined to be Experimental/Investigational;
- Services provided by a non-approved Provider or at a non-approved Facility; or
- Services not approved in advance through Precertification.

## Inpatient Hospital and Physician Services

### ***What will the Plan pay if I have to go to the hospital?***

The Plan pays INPATIENT hospital charges at:

#### **Under the \$400 Deductible Plan**

- 80% for IN-NETWORK PROVIDERS and 60% of reasonable and customary charges for OUT-OF-NETWORK PROVIDERS per admission after the Plan's DEDUCTIBLE has been met.

#### **Under the \$900 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers per admission after the Plan's deductible has been met.

#### **Under the \$1,500 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers per admission after the Plan's deductible has been met.

#### **Under the \$2,850 Deductible Plan**

- 70% for in-network providers and 50% of reasonable and customary charges for out-of-network providers per admission after the Plan's deductible has been met.

The Plan will cover the cost of a semi-private room. If you use a private room, the Plan will cover the amount up to the semi-private room rate.

You must obtain preauthorization as soon as possible but at least 15 days before you are admitted for a non-emergency hospital stay.

### ***What approvals do I need if I am going into the hospital?***

Preauthorization as soon as possible but at least 15 days before you are admitted for a non-emergency hospital admission or stay.

If you have an emergency hospital admission, surgery or specified procedure, you, a family member, your physician or the hospital must preauthorize within 48 hours of the service.

### ***Does the Plan cover hospital visits by a physician?***

While you are in the hospital, the Plan covers hospital visits by a physician at:

#### **Under the \$400 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

#### **Under the \$900 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

#### **Under the \$1,500 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

#### **Under the \$2,850 Deductible Plan**

- 70% for in-network providers and 50% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

### ***Does the Plan cover ambulance charges?***

The Plan covers transportation by ambulance to a medical facility at:

#### **Under the \$400 Deductible Plan**

- 80% for in-network providers and 80% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

#### **Under the \$900 Deductible Plan**

- 80% for in-network providers and 80% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

#### **Under the \$1,500 Deductible Plan**

- 80% for in-network providers and 80% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

#### **Under the \$2,850 Deductible Plan**

- 70% for in-network providers and 70% of reasonable and customary charges for out-of-network providers after the Plan's deductible has been met.

Coverage includes charges for transportation to a hospital by air or water ambulance when:

- Ground ambulance transportation is not available.
- Your condition is unstable and requires medical supervision and rapid transport.
- In a medical emergency, transportation from one hospital to another hospital; when the first hospital does not have the required services or facilities to treat your condition and you need to be transported to another hospital and the above two conditions are met.

- You must obtain preauthorization before you receive air ambulance care.

**Does the Plan cover hospice care?**

The Plan covers charges for HOSPICE at:

**Under the \$400 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan’s deductible has been met.

**Under the \$900 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan’s deductible has been met.

**Under the \$1,500 Deductible Plan**

- 80% for in-network providers and 60% of reasonable and customary charges for out-of-network providers after the Plan’s deductible has been met.

**Under the \$2,850 Deductible Plan**

- 70% for in-network providers and 50% of reasonable and customary charges for out-of-network providers after the Plan’s deductible has been met.

You must obtain preauthorization before you receive hospice care.

**Cleveland Clinic Cardiac Concierge**

The program provides access to world-class care at Cleveland Clinic, in Cleveland, Ohio, for non-urgent, complex heart surgical procedures, including Coronary Artery Bypass Grafting (CABG), Pulmonary Valve Procedures, Congenital Heart Defects, Aortic Valve, Mitral Valve Repair/Replacement, Cardiothoracic Procedures and Aortic Aneurysm (ascending thoracic only). Note that some of these procedures may require a second opinion from the Cleveland Clinic.

For members that choose to have their inpatient surgery at Cleveland Clinic, the plan pays 100% of the costs after deductible.

	\$400 Deductible Plan	\$900 Deductible Plan	\$1,500 Deductible Plan	\$2,850 Deductible Plan
<b>Tier 1: Cleveland Clinic</b>	Covered at 100% after deductible	Covered at 100% after deductible	Covered at 100% after deductible	Covered at 100% after deductible
<b>Tier 2: In-Network</b>	You pay 20% after deductible	You pay 20% after deductible	You pay 20% after deductible	You pay 30% after deductible
<b>Tier 3: Out-of-Network</b>	You pay 40% after deductible	You pay 40% after deductible	You pay 40% after deductible	You pay 50% after deductible

Travel and lodging expenses to and from your home will be reimbursed as defined below.

- The patient is eligible for reimbursement if the facility is 100 miles or more from the patient’s home.
- The reimbursement for lodging expenses is limited to \$50 per night.

The maximum reimbursement for all travel and lodging expenses is \$10,000 per episode of care.

## Mastectomy – Reconstructive Surgery

### ***Does the Plan cover mastectomy-related services?***

Yes, the Plan covers mastectomy-related services. Coverage will be provided in a manner determined by the attending physician and the patient. The covered services include:

- All stages of reconstruction of the breast on which the mastectomy was performed,
- Surgery and reconstruction of the other breast to produce a symmetrical appearance,
- Prostheses, and
- Treatment of physical complications of the mastectomy, including lymphedema.

### ***What are the applicable deductibles and coinsurance for mastectomy-related benefits under the Plan?***

The mastectomy-related benefits are subject to the same deductibles and COINSURANCE applicable to other medical and surgical benefits provided under this Plan. See the “Detailed List of Covered Services” on page 52 for the applicable mastectomy – reconstructive surgery coverage.

## Musculoskeletal Surgery – Knee, Hip, Spine

The plan covers surgical treatment for knee, hip and spine provided by or under the direction of a physician. Claims payments are based on Blue Distinction provider participation.

Prior authorization is required. All services, including surgery, should be obtained from a recognized in-network Blue Distinction provider or cost shares will be higher (summarized below). Contact the Claims Administrator for specific details on requirements and how to find a facility.

Travel and lodging expenses to and from your home will be reimbursed as defined below.

- The patient is eligible for reimbursement if the facility is 100 miles or more from the patient’s home.
- The reimbursement for lodging expenses is limited to \$50 per night.
- The maximum reimbursement for all travel and lodging expenses is \$10,000 per episode of care.

	\$400 Deductible Plan	\$900 Deductible Plan	\$1,500 Deductible Plan	\$2,850 Deductible Plan
<b>Tier 1: Blue Distinction Provider</b>	Covered at 100% after deductible	Covered at 100% after deductible	Covered at 100% after deductible	Covered at 100% after deductible
<b>Tier 2: In-Network</b>	You pay 20% after deductible	You pay 20% after deductible	You pay 20% after deductible	You pay 30% after deductible
<b>Tier 3: Out-of-Network</b>	You pay 40% after deductible	You pay 40% after deductible	You pay 40% after deductible	You pay 50% after deductible

Travel and lodging expenses to and from your home will be reimbursed as defined below.

- The patient is eligible for reimbursement if the facility is 100 miles or more from the patient's home.
- The reimbursement for lodging expenses is limited to \$50 per night.
- The maximum reimbursement for all travel and lodging expenses is \$10,000 per episode of care.

## Obesity Surgery

The plan covers surgical treatment of obesity provided by or under the direction of a physician. Coverage is limited to once per person per lifetime.

Prior authorization under the condition of meeting the medical definition of morbid obesity is required. All services, including surgery, must be obtained from a recognized in-network Blue Distinction provider. Contact the Claims Administrator for specific details on requirements and how to find a facility.

Travel and lodging expenses to and from your home will be reimbursed as defined below.

- The patient is eligible for reimbursement if the facility is 100 miles or more from the patient's home.
- The reimbursement for lodging expenses is limited to \$50 per night.
- The maximum reimbursement for all travel and lodging expenses is \$10,000 per episode of care.

## Occupational Therapy

The plan covers the treatment to:

- Learn or re-learn daily living skills (e.g., bathing, dressing and eating) or compensatory techniques to improve the level of independence in the activities of daily living
- Provide task-oriented therapeutic activities designed to significantly improve, develop or restore physical functions lost or impaired as a result of a disease.

Coverage includes services, treatment, education testing or training related to developmental delays.

Prior authorization for occupational therapy is recommended. Contact the Claims Administrator for specific details.

## Orthognathic Coverage

The Plan covers the diagnosis or treatment of the jawbones, including orthognathic surgery (procedure to correct underbite or overbite, and jaw alignment. Prior authorization is required. Contact the Claims Administrator for specific details.

See "What's Not Covered" on page 68 for orthognathic coverage exclusion.

## Physical Therapy

The plan covers the treatment to:

- Evaluation and treatment by physical means or modalities
- Includes rehabilitative and HABILITATIVE SERVICES

Prior authorization for physical therapy is recommended. Contact the Claims Administrator for specific details.

## Prescription Drugs

### **How does the Plan cover prescription drugs?**

PRESCRIPTION DRUGS are covered as follows:

<b>Prescription drugs</b>				
There is a Broad Retail Pharmacy Network for 30-day supply (acute) and Walgreens/Express Scripts Mail Order for 90-day supply (maintenance) Prescription drugs.				
	\$400 Deductible Plan	\$900 Deductible Plan	\$1,500 Deductible Plan	\$2,850 Deductible Plan
<b>Retail Prescriptions</b> (30-day supply)				
▪ Generic	\$10 copay (These amounts do not apply to the DEDUCTIBLE)	70% COINSURANCE (These amounts do not apply to the deductible; minimum \$10/maximum \$20)	80% coinsurance after deductible	70% coinsurance after deductible
▪ Formulary Brand	\$30 copay (These amounts do not apply to the deductible)	70% coinsurance (These amounts do not apply to the deductible; minimum \$25/maximum \$50)	80% coinsurance after deductible	70% coinsurance after deductible
▪ Non-Formulary Brand	\$60 copay (These amounts do not apply to the deductible)	55% coinsurance (These amounts do not apply to the deductible; minimum \$40/maximum \$80)	80% coinsurance after deductible	70% coinsurance after deductible
<b>Express Scripts/Walgreens Mail-order Prescriptions</b> (90-day supply)				
▪ Generic	\$25 copay (These amounts do not apply to the deductible)	70% coinsurance (These amounts do not apply to the deductible; minimum \$25/maximum \$50)	80% coinsurance after deductible	70% coinsurance after deductible

<b>Prescription drugs</b>	There is a Broad Retail Pharmacy Network for 30-day supply (acute) and Walgreens/Express Scripts Mail Order for 90-day supply (maintenance) Prescription drugs.			
	\$400 Deductible Plan	\$900 Deductible Plan	\$1,500 Deductible Plan	\$2,850 Deductible Plan
<ul style="list-style-type: none"> <li>Formulary Brand</li> </ul>	\$75 copay (These amounts do not apply to the deductible)	70% coinsurance (These amounts do not apply to the deductible; minimum \$62.50/maximum \$125)	80% coinsurance after deductible	70% coinsurance after deductible
<ul style="list-style-type: none"> <li>Non-Formulary Brand</li> </ul>	\$150 copay (These amounts do not apply to the deductible)	55% coinsurance (These amounts do not apply to the deductible; minimum \$100/maximum \$200)	80% coinsurance after deductible	70% coinsurance after deductible

### ***Does the Plan cover formulary and non-formulary brand-name prescription drugs?***

The Plan covers formulary and non-formulary prescription drugs purchased via the Plan's mail order service or a participating retail pharmacy. The prescription drugs in the formulary may change.

To price medications and check formulary, visit [www.express-scripts.com](http://www.express-scripts.com).

Unless your physician specifically prescribes a brand-name medication without substitution, prescriptions will be filled with the generic equivalent when allowed by state law.

### ***Does the Plan cover generic drugs?***

The Plan covers generic prescription drugs purchased via the Plan's mail order service or a participating retail pharmacy.

### ***What happens if I buy a brand-name prescription drug when a generic drug is available?***

Unless your physician specifically prescribes a brand name medicine without substitution, prescriptions will be filled with the generic equivalent when allowed by state law.

If you or your physician requests the brand-name prescription drug when a generic prescription drug is available and there is no medical reason for the brand-name prescription drug, you pay your share of the cost for the generic drug in addition to the difference between the brand-name prescription drug and generic prescription drug gross cost.



### ***How does the Plan cover generic and brand-name contraceptive medications with no generic equivalent?***

The Plan will cover certain generic and brand-name contraceptive medications **with no generic equivalent** at 100% in-network with no cost sharing as long as a valid prescription is submitted.

### ***What is the Plan coverage for preventive drugs?***

Preventive drugs as defined by the Patient Protection Affordable Care Act for the \$400 Deductible Plan, the \$900 Deductible Plan, the \$1,500 Deductible Plan and \$2,850 Deductible Plan are covered with no cost sharing (i.e. deductible, coinsurance, copay). Certain examples include: aspirin products, fluoride products, folic acid products, immunizations, contraceptive methods, smoking cessation products, bowel preps, primary prevention of breast cancer and statins.

If you enrolled in the \$1,500 Deductible Plan or the \$2,850 Deductible Plan, there are certain preventive medications that are not subject to the deductible. Certain examples include: hypertension, diabetes, asthma, and cholesterol lowering drugs.

Call Express Scripts at +1 800 987 8360 for more information about preventive drugs. You can access the preventive drug listing at [express-scripts.com](http://express-scripts.com). To obtain information on the cost of preventive drugs, log on to the Drug Pricing Tool at [express-scripts.com](http://express-scripts.com). Follow the provided steps to access the Drug Pricing Tool.

- Go to [express-scripts.com](http://express-scripts.com).
- Login or create an account.
- Prescriptions.
- Price a medication.
- Choose a pharmacy and enter drug name.

The Pharmacy Benefits Manager provides an online directory of network pharmacies available at [www.express-scripts.com](http://www.express-scripts.com). You may also call the Pharmacy Benefits Manager.

### ***Is there a mail-order program?***

The Plan's mail order service allows participants to order up to a 90-day supply of prescription medication by mail for certain medications. Using the mail order service for these medications will generally cost you less than using a retail pharmacy.

### ***If I buy more than three fills of a prescription drug at a retail pharmacy, will I have to pay more?***

In addition to mail order, you will be able to fill a 90-day supply of your maintenance medications at a Walgreens retail pharmacy, at the same cost as you would through the mail order program. For all maintenance medications, after the first three fills, you must fill a 90-day supply either at Walgreens or through Express Scripts Mail Order or you will pay 100% of the cost for all subsequent fills.

### ***If I purchase a specialty medication at retail, will the prescription be covered?***

If a specialty medication is filled at retail, the prescription will not be covered and amounts you pay for the not covered prescription will not accumulate to the out-of-pocket maximum.

### ***Are any prescription drugs or drug supplies subject to limitations?***

You may be subject to several different types of drug management programs. These include quantity management, prior authorization and qualification by history or step therapy.

#### **Quantity Management**

To ensure safe and effective drug therapy, certain covered medications may have quantity restrictions. These quantity restrictions are based on manufacturer and/or clinically approved guidelines and are **subject to periodic review and change**.

Select examples of drug categories include:

- Antiemetic agents
- Antifungal agents
- Cancer therapy
- Cardiovascular agents
- Diabetic agents
- Diabetic devices (blood glucose meters)
- Erectile dysfunction agents
- Fertility agents
- Hypnotic agents
- Inhaler spacers
- Migraine therapy
- Narcotic analgesics
- Non-narcotic analgesics
- Rheumatological agents
- Specialty medications

#### **Prior Authorization**

Certain medical treatments and prescription medicines need prior approval (which may include the submission of clinical information by your prescriber) before the Plan will cover them. This

requirement is to ensure the treatment or medication is appropriate and effective. If you do not receive approval, you will be responsible for paying the full cost.

Select examples of drug categories include:

- Androgens and anabolic steroids
- Anorexiant
- Antinarcotics
- Cancer therapy
- Dermatologicals
- Specialty medications – require prior authorization under the Plan and are subject to quantity limitations as well
  - Examples of drug categories include: Botulinum Toxins (Botox), Growth Hormones, Hepatitis, Immune Globulins, Multiple Sclerosis, Myeloid Stimulants, Psoriasis, Pulmonary Arterial Hypertension (PAH), Rheumatoid Arthritis, RSV agents.

The drugs that require prior authorization may be modified. To obtain prior authorization for coverage ask your doctor to call Express Scripts at +1 800 753 2851. After they receive the necessary information, you and your doctor will be notified confirming whether or not coverage has been approved.

### **Qualification by History (Step Therapy)**

Some medications require the trial of another drug and/or require certain criteria such as age, or condition (determined by previous claims history) to receive coverage. In these cases, a coverage review will be required if certain criteria cannot be determined from past history.

Select examples of drug categories include:

- Cardiovascular agents
- COX-II Inhibitors
- Dermatologicals
- Migraine therapy
- Osteoporosis agents
- Specialty medications

Examples of drug categories include: Erythroid Stimulant, Fertility, Growth Hormone, Hepatitis, Multiple Sclerosis, Pulmonary Arterial Hypertension (PAH) agents.

The drugs that may become subject to qualification by history rules may be modified.

Contact the Pharmacy Benefits Manager at +1 800 987 8360 for more information about any of these programs.

### ***Are there any limitations on specialty prescription drugs?***

The Accredo Recommended Days Supply Program maintains quantity limitations for certain specialty prescription drugs in accordance with FDA approval limits and to help reduce drug waste and prescription drug costs.

The first time you submit a claim for a specialty medication on this list, you will be limited to a 30-day supply for four months, even if your physician prescribed a 90-day supply. Your COPAYMENT will be prorated, so you will not be penalized for filling the prescription in 30-day supply increments instead of a 90-day supply.

An Accredo Representative will contact both you and your physician to explain why the prescription has been limited to a 30-day supply, discuss therapy and the disease state and discuss the importance of compliance.

In addition, specialty medications may require prior authorization under the Plan and may be subject to quantity limitations and cost caps. These limits are subject to change and are discussed above.

Certain specialty drugs which you can administer to yourself (or a caregiver may administer to you) are not covered under the medical benefit. These drugs must be obtained at Express Scripts' Accredo Specialty Pharmacy.

**Contact the Pharmacy Benefits Manager at +1 800 987 8360 for more information about any of these programs.**

### ***Medical Specialty Drugs Administered by a Medical Provider***

Your Plan covers certain Specialty Drugs that must be administered to you as part of a doctor's visit, home care visit, or at an OUTPATIENT Facility when they are Covered Services. This section applies when a Provider orders the Drug and a medical Provider administers it to you in a medical setting or in your home by a home infusion provider.

Specialty Drugs you obtain from a Retail or Mail Order Pharmacy are also not covered under your medical benefit.

### ***Precertification***

Precertification is required for certain Medically Administered Specialty Drugs to help make sure proper use and guidelines for these drugs are followed. Your Provider will submit clinical information which will be reviewed for decision. The Claims Administrator will give the results of their decision to both you and your Provider by letter.

For a list of Medically Administered Specialty Drugs that need precertification, please contact your Claims Administrator. The precertification list is reviewed and updated from time to time. Including a Specialty Drug on the list does not guarantee coverage under your Plan. Your Provider may check with the Claims Administrator to verify Specialty Drug coverage, to find out which drugs are covered under this section and if precertification is required.

If you are receiving an infused medication, certain medications may require use of the lowest cost site of care.

### ***What prescription drugs and drug supplies are excluded from prescription drug coverage?***

The following drugs and drug supplies are excluded from prescription drug coverage:

- Over-the-counter drugs (including topical contraceptives, nicotine products, vitamins and minerals, nutritional products including enteral products and infant formulas, homeopathic products and herbal remedies). Certain drugs will be covered with a prescription under Health Care Reform.
- Medical equipment and devices – insulin pumps, insulin pump syringes
- Home diagnostic kits
- All injectables (other than self-administered injectables and injectable drugs in connection with approved infertility treatment)
- Allergy serums
- Plasma and blood products
- Drugs for cosmetic use
- Prescription products with an over the counter equivalent
- Investigational drugs, experimental use drugs, non-FDA approved drugs and compounds.
- Arestin

### ***Is there a network of pharmacies?***

There is a pharmacy network associated with this Plan. You must use a pharmacy in the network to receive coverage under this Plan.

The Pharmacy Benefits Manager provides an online directory of network pharmacies.

To locate an in-network retail pharmacy:

- Go to [express-scripts.com](http://express-scripts.com).
- Login or create an account.
- Prescriptions.
- Find a pharmacy.

Or call Express Scripts at +1 800 987 8360 for more information.

### ***How do I file a claim for benefits for prescription drugs?***

All prescriptions filled at a participating retail pharmacy require you to provide an ID card for coverage under the Plan. You are responsible for the applicable deductible, copayment or coinsurance. Rarely will you need to file a claim with the Pharmacy Benefits Manager (one example

may be a prescription filled at retail before you have received your ID card). To file a claim, contact the Pharmacy Benefits Manager.

Claim forms are available on the Pharmacy Benefits Manager's website. If you file a claim within 60 days of your effective date with the Plan, you will be reimbursed 100% of your out of pocket expense minus the appropriate coinsurance. After your 60-day grace period, you have 12 months from the date the expense was incurred to submit a claim. You are responsible for the difference between the discounted in-network price and the out-of-network price and the appropriate coinsurance.

### ***Is there a separate ID card for the prescription drug program?***

Yes, there is a separate ID card for the prescription drug program. If you are enrolled in medical coverage, you will automatically be sent a prescription drug ID card in addition to your medical plan ID card. You will be sent one additional prescription ID card if you enroll one or more family members in the program. Each ID card will list the names of all covered family members.

You may request additional ID cards directly from the Pharmacy Benefits Manager.

## **Mental Health/Substance Use**

### ***Does the Plan cover mental health/substance use services?***

The Plan covers MEDICALLY NECESSARY INPATIENT and OUTPATIENT mental health/substance use treatment services, including residential treatment.

### ***Does the Plan cover services in connection with autism?***

The Plan covers medically necessary inpatient and outpatient treatment services for autism, including Applied Behavioral Analysis.

The Autism Spectrum Disorders (ASD) Program is comprised of a specialized, dedicated team of clinicians who have been trained on the unique challenges and needs of families with a participant who has a diagnosis of ASD. The Plan provides specialized case management services for participants with autism spectrum disorders and their families. The ASD Program also includes precertification and Medical Necessity reviews for Applied Behavior Analysis, a treatment modality targeting the symptoms of autism spectrum disorders.

For families touched by ASD, the ASD Program provides support for the entire family, giving assistance wherever possible and making it easier for the family to understand and utilize care, resulting in access to better outcomes and more effective use of benefits. The ASD Program has three main components:

- Education
  - Educates and engages the family on available community resources, helping to create a system of care around the participant.
  - Increases knowledge of the disorder, resources, and appropriate usage of benefits
- Guidance

- Applied Behavior Analysis management, including clinical reviews by experienced licensed clinicians. Precertification delivers value, ensuring that the participant receives the right care, from the right provider, at the right intensity.
- Increased follow-up care encouraged by appointment setting, reminders, attendance confirmation, proactive discharge planning, and referrals.
- Ensure that parents and siblings have the best support to manage their own needs.
- Coordination
  - Enhanced participant experience and coordination of care.
  - Assistance in exploration of medical services that may help the participant, including referrals to medical case management.
  - Licensed Behavior Analysts and Program Managers provide support and act as a resource to the interdisciplinary team, helping them navigate and address the unique challenges facing families with a participant diagnosed with autism.

## Speech Therapy

The plan covers the treatment of:

- A speech impediment or speech dysfunction that results from injury, stroke or a congenital anomaly
- Delays in speech development.

Prior authorization for speech therapy is recommended. Contact the Claims Administrator for specific details.

## Gender Reassignment Surgery

### ***Does the Plan cover transgender surgery?***

Transgender surgery is covered for persons that meet all of the following conditions:

- You are at least 18 years old
- You have been diagnosed with Gender Dysphoria.
- Preauthorization is required. Contact the Claims Administrator for specific details.

### ***What transgender surgery benefits will the Plan pay?***

The Plan will provide MEDICALLY NECESSARY benefits in connection with transgender surgery.

Call the Claims Administrator at the number on the back of your ID card for specifics on what is covered and excluded by the Plan.

## Temporomandibular Joint (TMJ) Coverage

The Plan covers services for diagnostic and surgical treatment of conditions affecting the temporomandibular joint when provided by and under the direction of a physician. Coverage

includes the diagnostic or surgical treatment required as a result of an accident, trauma, congenital defect, developmental defect or pathology.

- Diagnostic coverage includes examination, radiographs and applicable imaging studies, and consultation.
- Non-surgical treatment includes clinical examinations, oral appliances (orthotic splints), arthrocentesis and trigger-point injections. Surgical treatment\* includes arthrocentesis, arthroscopy, arthroplasty, arthrotomy, open or closed reduction of dislocations and TMJ implants.

\*Surgical treatment is provided if the following criteria are met:

- There is clearly demonstrated radiographic evidence of significant joint abnormality.
- Non-surgical treatment has failed to adequately resolve the symptoms.
- Pain or dysfunction is moderate or severe.

See “What’s Not Covered” on page 68 for TMJ exclusions.

## Virtual Medicine

### ***What is LiveHealth Online®?***

LiveHealth Online® lets you talk to a US board-certified doctor through your mobile device or a computer with a webcam. The doctor can diagnose, recommend treatment and prescribe medication, when appropriate, for many medical issues. You can use this service for common health concerns like colds, the flu, fevers, rashes, infections, allergies, etc. LiveHealth Online® also provides services for Psychology and Psychiatry.

### ***When is LiveHealth Online® available?***

Doctors are available on LiveHealth Online® 24/7, 365 days a year.

### ***How does LiveHealth Online® work?***

When you need to see a doctor, go to [livehealthonline.com](http://livehealthonline.com) or access the LiveHealth Online® mobile app to set up an account. Establishing an account allows you to securely store your personal and health information. Once connected, you can talk and interact with the doctor.

If you are using LiveHealth Online® for the first time, you will be asked to answer a brief questionnaire about your health before you speak with a doctor. Then the information from your first online visit will be available for future online visits.

### ***Do doctors have access to my health information?***

Doctors can only access your health information and review previous treatment recommendations and information from your prior LiveHealth Online® visits.

### ***How do I access the LiveHealth Online® mobile app?***

You can download the mobile app for free on your mobile device by visiting the App Store or Google Play.



### **How do I pay for the online doctor's visit?**

LiveHealth Online® accepts Visa, MasterCard and Discover cards as payment for an online visit with a doctor. Prescriptions aren't included in the cost of your doctor's visit.

### **Can I get online care from a doctor if I'm traveling or in another state?**

LiveHealth Online is available in all states and includes the ability for the provider to write a prescription.

### **Who do I contact for additional information?**

You can call +1 855 603 7985 or email customersupport@livehealthonline.com. If you send an email, include your name, your email and a telephone number where you can be reached.

## **Detailed List of Covered Services**

The Plan reimburses MEDICALLY NECESSARY covered services and supplies for the diagnosis and treatment for an illness or injury. The Claims Administrator determines whether the service or supply is covered and determines the amount to be reimbursed.

Most services and supplies are subject to a DEDUCTIBLE and COINSURANCE.

Your costs for out-of-network services apply toward the in-network deductible and out-of-pocket maximum. However, your costs for in-network services do not apply toward the out-of-network deductible and out-of-pocket maximum.

### **\$400 Deductible Plan and \$900 Deductible Plan**

Services	\$400 Deductible Plan		\$900 Deductible Plan	
	In-Network Coverage	Out-of-Network Coverage	In-Network Coverage	Out-of-Network Coverage
<b>Alcohol and substance use</b>	<b><i>Inpatient and Residential Treatment:</i></b> 80% after deductible Preauthorization is required <b><i>Outpatient:</i></b> \$20 per visit (no deductible)	<b><i>Inpatient and Residential Treatment:</i></b> 60% of R&C after deductible Preauthorization is required <b><i>Outpatient:</i></b> 60% after deductible	<b><i>Inpatient and Residential Treatment:</i></b> 80% after deductible Preauthorization is required <b><i>Outpatient:</i></b> 80% after deductible	<b><i>Inpatient and Residential Treatment:</i></b> 60% of R&C after deductible Preauthorization is required <b><i>Outpatient:</i></b> 60% after deductible
<b>Allergy testing and treatment</b>	80% after deductible (unless billed as an office visit)	60% of R&C after deductible	80% after deductible	60% of R&C after deductible

	\$400 Deductible Plan		\$900 Deductible Plan	
Services	In-Network Coverage	Out-of-Network Coverage	In-Network Coverage	Out-of-Network Coverage
<b>Alternative medicine (Acupuncture)</b>	Coverage limitations: <ul style="list-style-type: none"> <li>Performed by a physician as a form of anesthesia in connection with surgery or dental procedure that is covered under the Plan.</li> <li>A form of Alternative Treatment as long as it is rendered by a certified/licensed individual.</li> <li>Limited to 12 visits per calendar year (combined in-network/out-of-network).</li> </ul>		Coverage limitations: <ul style="list-style-type: none"> <li>Performed by a physician as a form of anesthesia in connection with surgery or dental procedure that is covered under the Plan.</li> <li>A form of Alternative Treatment as long as it is rendered by a certified/licensed individual.</li> <li>Limited to 12 visits per calendar year (combined in-network/out-of-network).</li> </ul>	
<b>Ambulance charges</b>	80% after deductible	80% of R&C after deductible	80% after deductible	80% of R&C after deductible
<b>Applied Behavioral Analysis (ABA)</b>	<b>Outpatient:</b> \$20 per visit (no deductible) Preauthorization is required	60% of R&C after deductible Preauthorization is required	80% after deductible Preauthorization is required	60% of R&C after deductible Preauthorization is required
<b>Artificial insemination</b>	\$40 copay (no deductible) if service is performed in an office All other places of service: 80% after deductible Limited to overall infertility maximum of \$15,000 per lifetime Precertification is required	60% of R&C after deductible Limited to overall infertility maximum of \$15,000 per lifetime Precertification is required	80% after deductible Limited to overall infertility maximum of \$15,000 per lifetime Precertification is required	60% of R&C after deductible Limited to overall infertility maximum of \$15,000 per lifetime Precertification is required
<b>CAT / PET scans</b>	80% after deductible CAT/PET scans subject to preauthorization	60% of R&C after deductible CAT/PET scans subject to preauthorization	80% after deductible CAT/PET scans subject to preauthorization	60% of R&C after deductible CAT/PET scans subject to preauthorization
<b>Chiropractors</b>	\$40 per visit (no deductible) 30 visits per calendar year (combined in-network/out-of-network)	60% of R&C after deductible for up to 30 visits per calendar year (combined in-network/out-of-network)	80% after deductible for up to 30 visits per calendar year (combined in-network/out-of-network)	60% of R&C after deductible for up to 30 visits per calendar year (combined in-network/out-of-network)
<b>Contraceptive devices (as defined as Preventive Prescriptions)</b>	Covered at 100%, without deductible	60% of R&C after deductible	Covered at 100%, without deductible	60% of R&C after deductible

	\$400 Deductible Plan		\$900 Deductible Plan	
Services	In-Network Coverage	Out-of-Network Coverage	In-Network Coverage	Out-of-Network Coverage
<b>Cosmetic surgery</b>	Not covered	Not covered	Not covered	Not covered
<b>Dental treatment</b> (covered only for accidental injury to sound teeth within 12 months)	80% after deductible; subject to office visit copay in office	60% of R&C after deductible	80% after deductible	60% of R&C after deductible
<b>Doctor delivery charge for newborns</b>	80% after deductible	60% of R&C after deductible	80% after deductible	60% of R&C after deductible
<b>Durable medical equipment (DME)</b>	80% after deductible	60% of R&C after deductible	80% after deductible	60% of R&C after deductible
<b>EKG Testing</b>	80% after deductible. Not considered preventive.	60% of R&C after deductible. Not considered preventive.	80% after deductible. Not considered preventive.	60% of R&C after deductible. Not considered preventive.
<b>Emergency room</b>	\$150, then 80% after deductible for life-threatening injury or illness (See "Life-threatening Illness or Injury in the "Glossary" on page 79).	\$150, then 80% of R&C after deductible for life-threatening injury or illness (See "Life-threatening Illness or Injury in the "Glossary" on page 79).	80% after deductible for life-threatening injury or illness (See "Life-threatening Illness or Injury in the "Glossary" on page 79).	80% of R&C after deductible for life-threatening injury or illness (See "Life-threatening Illness or Injury in the "Glossary" on page 79).
<b>Gender Reassignment Surgery (and related costs)</b>	80% after deductible Services in physician office subject to COPAYMENT Call the Claims Administrator at the number on the back of your ID card for specifics on what is covered and excluded by the Plan. Preauthorization is required for INPATIENT services	60% of R&C after deductible Call the Claims Administrator at the number on the back of your ID card for specifics on what is covered and excluded by the Plan. Preauthorization is required for inpatient services.	80% after deductible Call the Claims Administrator at the number on the back of your ID card for specifics on what is covered and excluded by the Plan. Preauthorization is required for inpatient services	60% of R&C after deductible Call the Claims Administrator at the number on the back of your ID card for specifics on what is covered and excluded by the Plan. Preauthorization is required for inpatient services

	\$400 Deductible Plan		\$900 Deductible Plan	
Services	In-Network Coverage	Out-of-Network Coverage	In-Network Coverage	Out-of-Network Coverage
<b>Gynecology visits</b>	Covered at 100% (not subject to deductible) for one routine exam each calendar year Subsequent visits – \$20 copay	60% of R&C after deductible	Covered at 100% (not subject to deductible) for one routine exam each calendar year Subsequent visits – 80% after deductible	60% of R&C after deductible
<b>Hearing care</b>	80% after deductible; subject to office visit copays Routine hearing screenings are covered at 100% when provided as part of a preventive/wellness visit. Covered hearing aids limited to \$1,000 a year per ear (no coverage for hearing aids for degenerative hearing loss).	60% of R&C after deductible Covered hearing aids limited to \$1,000 a year per ear (no coverage for hearing aids for degenerative hearing loss).	80% after deductible; subject to office visit copays Routine hearing screenings are covered at 100% when provided as part of a preventive/wellness visit. Covered hearing aids limited to \$1,000 a year per ear (no coverage for hearing aids for degenerative hearing loss).	60% of R&C after deductible Covered hearing aids limited to \$1,000 a year per ear (no coverage for hearing aids for degenerative hearing loss).
<b>Home health care</b>	80% after deductible for up to 120 home health care aid visits per calendar year for homebound patients Preauthorization is required	60% of R&C after deductible for up to 120 home health care aid visits per calendar year for homebound patients Preauthorization is required	80% after deductible for up to 120 home health care aid visits per calendar year for homebound patients Preauthorization is required	60% of R&C after deductible for up to 120 home health care aid visits per calendar year for homebound patients Preauthorization is required
<b>Hospice care</b>	80% after deductible Preauthorization is required	60% of R&C after deductible Preauthorization is required	80% after deductible Preauthorization is required	60% of R&C after deductible Preauthorization is required
<b>Immunizations (routine)</b>	Covered at 100% (not subject to deductible)	60% of R&C after deductible	Covered at 100% (not subject to deductible)	60% of R&C after deductible

Services	\$400 Deductible Plan		\$900 Deductible Plan	
	In-Network Coverage	Out-of-Network Coverage	In-Network Coverage	Out-of-Network Coverage
<b>Infertility Services</b>	<p>\$40 copay (no deductible) if service is performed in an office</p> <p>80% after deductible for all other places of service</p> <p>Artificial Insemination and Advanced Reproductive Technology are limited to overall infertility maximum of \$15,000 per lifetime maximum (combined in-network/out-of-network)</p> <p>Coverage does not require a diagnosis of infertility. Claims prior to 01/01/2015 will not apply to the lifetime maximum on new plans.</p> <p>Precertification is required</p>	<p>60% of R&amp;C after deductible</p> <p>Artificial Insemination and Advanced Reproductive Technology are limited to overall infertility maximum of \$15,000 per lifetime maximum (combined in-network/out-of-network)</p> <p>Coverage does not require a diagnosis of infertility. Claims prior to 01/01/2015 will not apply to the lifetime maximum on new plans.</p> <p>Precertification is required</p>	<p>80% after deductible</p> <p>Artificial Insemination and Advanced Reproductive Technology are limited to overall infertility maximum of \$15,000 per lifetime maximum (combined in-network/out-of-network)</p> <p>Coverage does not require a diagnosis of infertility. Claims prior to 01/01/2015 will not apply to the lifetime maximum on new plans.</p> <p>Precertification is required</p>	<p>60% of R&amp;C after deductible</p> <p>Artificial Insemination and Advanced Reproductive Technology are limited to overall infertility maximum of \$15,000 per lifetime maximum (combined in-network/out-of-network)</p> <p>Coverage does not require a diagnosis of infertility. Claims prior to 01/01/2015 will not apply to the lifetime maximum on new plans.</p> <p>Precertification is required</p>
<b>Inpatient hospital services</b>	80% after deductible Preauthorization is required	60% of R&C after deductible Preauthorization is required	80% after deductible Preauthorization is required	60% of R&C after deductible Preauthorization is required
<b>Laboratory charges</b>	80% after deductible	60% of R&C after deductible	80% after deductible	60% of R&C after deductible
<b>Magnetic resonance imaging – MRI</b>	80% after deductible Preauthorization is required	60% of R&C after deductible Preauthorization is required	80% after deductible Preauthorization is required	60% of R&C after deductible Preauthorization is required
<b>Mammograms, including 3D mammograms (Routine)</b>	Covered at 100% (not subject to deductible)	60% of R&C after deductible	Covered at 100% (not subject to deductible)	60% of R&C after deductible
<b>Mastectomy – reconstructive surgery</b>	80% after deductible	60% of R&C after deductible	80% after deductible	60% of R&C after deductible
<b>Maternity hospital stay</b>	80% after deductible	60% of R&C after deductible	80% after deductible	60% of R&C after deductible

	\$400 Deductible Plan		\$900 Deductible Plan	
Services	In-Network Coverage	Out-of-Network Coverage	In-Network Coverage	Out-of-Network Coverage
<b>Mental health</b>	<b><i>Inpatient and Residential Treatment</i></b> 80% after deductible Subject to preauthorization <b><i>Outpatient:</i></b> \$20 per visit	<b><i>Inpatient and Residential Treatment</i></b> 60% after deductible Subject to preauthorization <b><i>Outpatient:</i></b> 60% after deductible	<b><i>Inpatient and Residential Treatment</i></b> 80% after deductible Subject to preauthorization <b><i>Outpatient:</i></b> 80% after deductible	<b><i>Inpatient and Residential Treatment</i></b> 60% after deductible Subject to preauthorization <b><i>Outpatient:</i></b> 60% after deductible
<b>Musculoskeletal Surgery</b>	100% after deductible if care is received at a Blue Distinction Center provider as determined by the Claims Administrator 80% after deductible for a Non-Blue Distinction participating provider Preauthorization is required if surgery is inpatient	60% of R&C after deductible Preauthorization is required if surgery is inpatient	100% after deductible if care is received at a Blue Distinction provider as determined by the Claims Administrator 80% after deductible for a Non-Blue Distinction participating provider Preauthorization is required if surgery is inpatient	60% of R&C after deductible Preauthorization is required if surgery is inpatient
<b>Obesity Surgery</b>	80% after deductible Copays apply if there are office visits Once per lifetime All services must be obtained from a recognized in-network Blue Distinction provider. Preauthorization is required	All services must be obtained from a recognized in-network Blue Distinction provider.	80% after deductible Once per lifetime All services must be obtained from a recognized in-network Blue Distinction provider Preauthorization is required	All services must be obtained from a recognized in-network Blue Distinction provider.
<b>Occupational therapy</b>	\$40 per visit. <sup>1</sup> Outpatient facility 80% after deductible	60% of R&C after deductible.	80% after deductible.	60% of R&C after deductible.
<b>Organ transplant</b>	100% after deductible in Blue Distinction provider as determined by the Claims Administrator 80% after deductible for a Non-Blue Distinction provider Preauthorization is required	60% of R&C after deductible Preauthorization is required	100% after deductible in Blue Distinction provider as determined by the Claims Administrator 80% after deductible for a Non-Blue Distinction provider Preauthorization is required	60% of R&C after deductible Preauthorization is required

	\$400 Deductible Plan		\$900 Deductible Plan	
Services	In-Network Coverage	Out-of-Network Coverage	In-Network Coverage	Out-of-Network Coverage
<b>Outpatient physician services</b>	Preventive: 100% PCP: \$20 per visit Mental Health/Substance Use Disorder: \$20 per visit Specialist: \$40 per visit OUTPATIENT facility 80% after deductible	60% of R&C after deductible	Preventive: 100% Non-preventive: 80% after deductible	60% of R&C after deductible
<b>Physical exams for adults (routine)</b>	Covered at 100% (not subject to deductible or copays) for one physical exam each calendar year	60% of R&C after deductible for one physical exam each calendar year	Covered at 100% (not subject to deductible) for one physical exam each calendar year	60% of R&C after deductible for one physical exam each calendar year
<b>Physical exams for children (routine)</b>	Covered at 100% (not subject to deductible or copays) Subject to Plan limits	60% of R&C after deductible Subject to Plan limits	Covered at 100% (not subject to deductible) Subject to Plan limits	60% of R&C after deductible Subject to Plan limits
<b>Physical therapy</b>	\$40 per visit. <sup>2</sup> Outpatient facility 80% after deductible	60% of R&C after deductible.	80% after deductible.	60% of R&C after deductible.
<b>Pregnancy termination</b>	Subject to office visit copay, with no deductible in office 80% after deductible in other places of service	60% of R&C after deductible	80% after deductible	60% of R&C after deductible
<b>Prenatal visits</b>	\$20 copay (not subject to deductible) for first visit Routine Prenatal Care covered at 100%	60% of R&C after deductible	80% after deductible Routine Prenatal Care covered at 100%	60% of R&C after deductible
<b>Prescription drugs (see "Prescription Drugs" on page 42)</b>	There is a pharmacy network for 30-day and 90-day prescription drugs.	There is a pharmacy network for 30-day and 90-day prescription drugs.	There is a pharmacy network for 30-day and 90-day prescription drugs.	There is a pharmacy network for 30-day and 90-day prescription drugs.

	\$400 Deductible Plan		\$900 Deductible Plan	
Services	In-Network Coverage	Out-of-Network Coverage	In-Network Coverage	Out-of-Network Coverage
<b>Private Duty Nursing</b>	80% after deductible Maximum of 60 visits per calendar year (Combined in-network/out-of-network) Only covered in the home; visits DO NOT count toward the home health care visit maximum. Visit maximum is combined in-network/out-of-network includes home infusion therapy (services do not count toward the visit maximum). Preauthorization is required	60% of R&C after deductible Maximum of 60 visits per calendar year (Combined in-network/out-of-network) Only covered in the home; visits DO NOT count toward the home health care visit maximum. Visit maximum is combined in-network/out-of-network includes home infusion therapy (services do not count toward the visit maximum). Preauthorization is required	80% after deductible Maximum of 60 visits per calendar year (Combined in-network/out-of-network) Only covered in the home; visits DO NOT count toward the home health care visit maximum. Visit maximum is combined in-network/out-of-network includes home infusion therapy (services do not count toward the visit maximum). Preauthorization is required	60% of R&C after deductible Maximum of 60 visits per calendar year (Combined in-network/out-of-network) Only covered in the home; visits DO NOT count toward the home health care visit maximum. Visit maximum is combined in-network/out-of-network includes home infusion therapy (services do not count toward the visit maximum). Preauthorization is required
<b>Prostate specific antigen test-- PSA (routine)</b>	Covered at 100% (not subject to deductible or copay)	60% of R&C after deductible	Covered at 100% (not subject to deductible)	60% of R&C after deductible
<b>Skilled nursing facility</b>	80% after deductible for up to 120 days per calendar year (combined in-network/out-of-network) Preauthorization is required for inpatient services. Pre-determination is recommended for outpatient services	60% of R&C after deductible for up to 120 days per calendar year (combined in-network/out-of-network) Preauthorization is required for inpatient services. Pre-determination is recommended for outpatient services	80% after deductible for up to 120 days per calendar year (combined in-network/out-of-network) Preauthorization is required for inpatient services. Pre-determination is recommended for outpatient services	60% of R&C after deductible for up to 120 days per calendar year (combined in-network/out-of-network) Preauthorization is required for inpatient services. Pre-determination is recommended for outpatient services
<b>Speech therapy</b>	\$40 per visit. <sup>3</sup> Outpatient facility 80% after deductible	60% of R&C after deductible.	80% after deductible.	60% of R&C after deductible.



Services	\$400 Deductible Plan		\$900 Deductible Plan	
	In-Network Coverage	Out-of-Network Coverage	In-Network Coverage	Out-of-Network Coverage
<b>Surgery</b>	80% after deductible Preauthorization is required PREDETERMINATION OF BENEFITS is recommended for multiple surgical procedures	60% of R&C after deductible Preauthorization is required Predetermination of benefits is recommended for multiple surgical procedures	80% after deductible Preauthorization is required Predetermination of benefits is recommended for multiple surgical procedures	60% of R&C after deductible Preauthorization is required Predetermination of benefits is recommended for multiple surgical procedures
<b>Tubal ligation</b>	Covered at 100%, deductible does not apply	60% of R&C after deductible	Covered at 100%, deductible does not apply	60% of R&C after deductible
<b>Urgent Care</b>	\$50 per visit, deductible does not apply	60% of R&C after deductible	80% after deductible	60% of R&C after deductible
<b>Virtual Medicine</b>	\$20 copay per visit	Not covered	80% after deductible	Not covered
<b>Vasectomy</b>	80% after deductible; subject to office visit copay if performed in an office	60% of R&C after deductible	80% after deductible	60% of R&C after deductible
<b>Vision care</b> (routine eye exam)	Not covered	Not covered	Not covered	Not covered
<b>Vision Therapy/ Orthoptics</b>	Not covered	Not covered	Not covered	Not covered
<b>X-rays</b>	80% after deductible	60% of R&C after deductible	80% after deductible	60% of R&C after deductible

<sup>1</sup> \$20 per visit and not subject to deductible if Occupational Therapy is a treatment for autism spectrum disorder (ASD).

<sup>2</sup> \$20 per visit and not subject to deductible if treatment is for Autism Spectrum Disorder (ASD).

<sup>3</sup> \$20 per visit and not subject to deductible if treatment is for autism spectrum disorder (ASD).

## **\$1,500 Deductible Plan and \$2,850 Deductible Plan**

	\$1,500 Deductible Plan		\$2,850 Deductible Plan	
Services	In-Network Coverage	Out-of-Network Coverage	In-Network Coverage	Out-of-Network Coverage
<b>Alcohol and substance use</b>	<b><i>Inpatient and Residential Treatment:</i></b> 80% after deductible Preauthorization is required <b><i>Outpatient:</i></b> 80% after deductible	<b><i>Inpatient and Residential Treatment:</i></b> 60% of R&C after deductible Preauthorization is required <b><i>Outpatient:</i></b> 60% after deductible	<b><i>Inpatient and Residential Treatment:</i></b> 70% after deductible Preauthorization is required <b><i>Outpatient:</i></b> 70% after deductible	<b><i>Inpatient and Residential Treatment:</i></b> 50% of R&C after deductible Preauthorization is required <b><i>Outpatient:</i></b> 50% after deductible
<b>Allergy testing and treatment</b>	80% after deductible	60% of R&C after deductible	70% after deductible	50% of R&C after deductible
<b>Alternative medicine (Acupuncture)</b>	Coverage limitations: <ul style="list-style-type: none"> <li>Performed by a physician as a form of anesthesia in connection with surgery or dental procedure that is covered under the Plan.</li> <li>A form of Alternative Treatment as long as it is rendered by a certified/licensed individual.</li> <li>Limited to 12 visits per calendar year (combined in-network/out-of-network).</li> </ul>		Coverage limitations: <ul style="list-style-type: none"> <li>Performed by a physician as a form of anesthesia in connection with surgery or dental procedure that is covered under the Plan.</li> <li>A form of Alternative Treatment as long as it is rendered by a certified/licensed individual.</li> <li>Limited to 12 visits per calendar year (combined in-network/out-of-network).</li> </ul>	
<b>Ambulance charges</b>	80% after deductible	80% of R&C after deductible	70% after deductible	70% of R&C after deductible
<b>Applied Behavioral Analysis (ABA)</b>	80% after deductible Preauthorization is required	60% of R&C after deductible Preauthorization is required	70% after deductible Preauthorization is required	50% of R&C after deductible Preauthorization is required
<b>Artificial insemination</b>	80% after deductible Limited to overall infertility maximum of \$15,000 per lifetime (combined in-network/out-of-network) Precertification is required	60% of R&C after deductible Limited to overall infertility maximum of \$15,000 per lifetime (combined in-network/out-of-network) Precertification is required	70% after deductible Limited to overall infertility maximum of \$15,000 per lifetime (combined in-network/out-of-network) Precertification is required	50% of R&C after deductible Limited overall infertility maximum of to \$15,000 per lifetime (combined in-network/out-of-network) Precertification is required
<b>CAT / PET scans</b>	80% after deductible CAT/PET scans subject to preauthorization	60% of R&C after deductible CAT/PET scans subject to preauthorization	70% after deductible CAT/PET scans subject to preauthorization	50% of R&C after deductible CAT/PET scans subject to preauthorization

	\$1,500 Deductible Plan		\$2,850 Deductible Plan	
Services	In-Network Coverage	Out-of-Network Coverage	In-Network Coverage	Out-of-Network Coverage
<b>Chiropractors</b>	80% after deductible for up to 30 visits per calendar year combined in-network/out-of-network	60% of R&C after deductible for up to 30 visits per calendar year combined in-network/out-of-network	70% after deductible for up to 30 visits per calendar year combined in-network/out-of-network	50% of R&C after deductible for up to 30 visits per calendar year combined in-network/out-of-network
<b>Contraceptive devices (as defined as Preventive Prescriptions)</b>	Covered at 100%, without deductible	60% of R&C after deductible	Covered at 100%, without deductible	50% of R&C after deductible
<b>Cosmetic surgery</b>	Not covered	Not covered	Not covered	Not covered
<b>Dental treatment (covered only for accidental injury to sound teeth within 12 months)</b>	80% after deductible	60% of R&C after deductible	70% after deductible	50% of R&C after deductible
<b>Doctor delivery charge for newborns</b>	80% after deductible	60% of R&C after deductible	70% after deductible	50% of R&C after deductible
<b>Durable medical equipment (DME)</b>	80% after deductible	60% of R&C after deductible	70% after deductible	50% of R&C after deductible
<b>EKG Testing</b>	80% after deductible. Not considered preventive.	60% of R&C after deductible. Not considered preventive.	70% after deductible. Not considered preventive.	50% of R&C after deductible. Not considered preventive.
<b>Emergency room</b>	80% after deductible for life-threatening injury or illness (See "Life-threatening Illness or Injury in the "Glossary" on page 79).	80% of R&C after deductible for life-threatening injury or illness (See "Life-threatening Illness or Injury in the "Glossary" on page 79).	70% after deductible for life-threatening injury or illness (See "Life-threatening Illness or Injury in the "Glossary" on page 79).	70% of R&C after deductible for life-threatening injury or illness (See "Life-threatening Illness or Injury in the "Glossary" on page 79).

	\$1,500 Deductible Plan		\$2,850 Deductible Plan	
Services	In-Network Coverage	Out-of-Network Coverage	In-Network Coverage	Out-of-Network Coverage
<b>Gender Reassignment Surgery (and related costs)</b>	80% after deductible Call the Claims Administrator at the number on the back of your ID card for specifics on what is covered and excluded by the Plan. Preauthorization is required for inpatient services.	60% of R&C after deductible Call the Claims Administrator at the number on the back of your ID card for specifics on what is covered and excluded by the Plan. Preauthorization is required for inpatient services.	70% after deductible Call the Claims Administrator at the number on the back of your ID card for specifics on what is covered and excluded by the Plan. Preauthorization is required for inpatient services.	50% of R&C after deductible Call the Claims Administrator at the number on the back of your ID card for specifics on what is covered and excluded by the Plan. Preauthorization is required for inpatient services.
<b>Gynecology visits</b>	Covered at 100% (not subject to deductible) for one routine exam each calendar year Subsequent visits – 80% after deductible	60% of R&C after deductible	Covered at 100% (not subject to deductible) for one routine exam each calendar year Subsequent visits – 70% after deductible	50% of R&C after deductible
<b>Hearing care</b>	80% after deductible; subject to office visit copays Routine hearing screenings are covered at 100% when provided as part of a preventive/wellness visit. Covered hearing aids limited to \$1,000 a year per ear (no coverage for hearing aids for degenerative hearing loss).	60% of R&C after deductible Covered hearing aids limited to \$1,000 a year per ear (no coverage for hearing aids for degenerative hearing loss).	80% after deductible; subject to office visit copays Routine hearing screenings are covered at 100% when provided as part of a preventive/wellness visit. Covered hearing aids limited to \$1,000 a year per ear (no coverage for hearing aids for degenerative hearing loss).	60% of R&C after deductible Covered hearing aids limited to \$1,000 a year per ear (no coverage for hearing aids for degenerative hearing loss).
<b>Home health care</b>	80% after deductible for up to 120 home health care aid visits per calendar year for homebound patients Preauthorization is required	60% of R&C after deductible for up to 120 home health care aid visits per calendar year for homebound patients Preauthorization is required	70% after deductible for up to 120 home health care aid visits per calendar year for homebound patients Preauthorization is required	50% of R&C after deductible for up to 120 home health care aid visits per calendar year for homebound patients Preauthorization is required
<b>Hospice care</b>	80% after deductible Preauthorization is required	60% of R&C after deductible Preauthorization is required	70% after deductible Preauthorization is required	50% of R&C after deductible Preauthorization is required

	\$1,500 Deductible Plan		\$2,850 Deductible Plan	
Services	In-Network Coverage	Out-of-Network Coverage	In-Network Coverage	Out-of-Network Coverage
<b>Immunizations (routine)</b>	Covered at 100% (not subject to deductible)	60% of R&C after deductible	Covered at 100% (not subject to deductible)	50% of R&C after deductible
<b>Infertility Services</b>	80% after deductible Artificial Insemination and Advanced Reproductive Technology are limited to overall infertility maximum of \$15,000 per lifetime maximum (combined in-network/out-of-network) Coverage does not require a diagnosis of infertility. Claims prior to 01/01/2015 will not apply to the lifetime maximum on new plans. Precertification is required	60% of R&C after deductible Artificial Insemination and Advanced Reproductive Technology are limited to overall infertility maximum of \$15,000 per lifetime maximum (combined in-network/out-of-network) Coverage does not require a diagnosis of infertility. Claims prior to 01/01/2015 will not apply to the lifetime maximum on new plans. Precertification is required	70% after deductible Artificial Insemination and Advanced Reproductive Technology are limited to overall infertility maximum of \$15,000 per lifetime maximum (combined in-network/out-of-network) Coverage does not require a diagnosis of infertility. Claims prior to 01/01/2015 will not apply to the lifetime maximum on new plans. Precertification is required	50% of R&C after deductible Artificial Insemination and Advanced Reproductive Technology are limited to overall infertility maximum of \$15,000 per lifetime maximum (combined in-network/out-of-network) Coverage does not require a diagnosis of infertility. Claims prior to 01/01/2015 will not apply to the lifetime maximum on new plans. Precertification is required
<b>Inpatient hospital services</b>	80% after deductible Preauthorization is required	60% of R&C after deductible Preauthorization is required	70% after deductible Preauthorization is required	50% of R&C after deductible Preauthorization is required
<b>Laboratory charges</b>	80% after deductible	60% of R&C after deductible	70% after deductible	50% of R&C after deductible
<b>Magnetic resonance imaging – MRI</b>	80% after deductible Preauthorization is required	60% of R&C after deductible Preauthorization is required	70% after deductible Preauthorization is required	50% of R&C after deductible Preauthorization is required
<b>Mammograms, including 3D mammograms (Routine)</b>	Covered at 100% (not subject to deductible)	60% of R&C after deductible	Covered at 100% (not subject to deductible)	50% of R&C after deductible
<b>Mastectomy – reconstructive surgery</b>	80% after deductible	60% of R&C after deductible	70% after deductible	50% of R&C after deductible
<b>Maternity hospital stay</b>	80% after deductible	60% of R&C after deductible	70% after deductible	50% of R&C after deductible

	\$1,500 Deductible Plan		\$2,850 Deductible Plan	
Services	In-Network Coverage	Out-of-Network Coverage	In-Network Coverage	Out-of-Network Coverage
<b>Mental health</b>	<b><i>Inpatient and Residential Treatment</i></b> 80% after deductible Subject to preauthorization	<b><i>Inpatient and Residential Treatment</i></b> 60% after deductible Subject to preauthorization	<b><i>Inpatient and Residential Treatment</i></b> 70% after deductible Subject to preauthorization	<b><i>Inpatient and Residential Treatment</i></b> 50% after deductible Subject to preauthorization
	<b><i>Outpatient:</i></b> 80% after deductible	<b><i>Outpatient:</i></b> 60% after deductible	<b><i>Outpatient:</i></b> 70% after deductible	<b><i>Outpatient:</i></b> 50% after deductible
<b>Musculoskeletal Surgery</b>	100% after deductible if care is received at a Blue Distinction Center provider as determined by the Claims Administrator 80% after deductible for a Non-Blue Distinction participating provider Preauthorization is required if surgery is inpatient	60% of R&C after deductible Preauthorization is required if surgery is inpatient	100% after deductible if care is received at a Blue Distinction provider as determined by the Claims Administrator 70% after deductible for a Non-Blue Distinction participating provider Preauthorization is required if surgery is inpatient	50% of R&C after deductible Preauthorization is required if surgery is inpatient
<b>Obesity Surgery</b>	80% after deductible Once per lifetime All services must be obtained from a recognized in-network Blue Distinction provider Preauthorization is required	All services must be obtained from a recognized in-network Blue Distinction provider	80% after deductible Once per lifetime All services must be obtained from a recognized in-network Blue Distinction provider Preauthorization is required	All services must be obtained from a recognized in-network Blue Distinction provider
<b>Occupational therapy</b>	80% after deductible.	60% of R&C after deductible.	70% after deductible.	50% of R&C after deductible.
<b>Organ transplant</b>	100% after deductible in Blue Distinction provider as determined by the Claims Administrator 80% after deductible for a Non-Blue Distinction provider Preauthorization is required	60% of R&C after deductible Preauthorization is required	100% after deductible in Blue Distinction provider as determined by the Claims Administrator 70% after deductible for a Non-Blue Distinction provider Preauthorization is required	50% of R&C after deductible Preauthorization is required
<b>Outpatient physician services</b>	80% after deductible	60% of R&C after deductible	70% after deductible	50% of R&C after deductible

	\$1,500 Deductible Plan		\$2,850 Deductible Plan	
Services	In-Network Coverage	Out-of-Network Coverage	In-Network Coverage	Out-of-Network Coverage
<b>Physical exams for adults (routine)</b>	Covered at 100% (not subject to deductible) for one physical exam each calendar year	60% of R&C after deductible for one physical exam each calendar year	Covered at 100% (not subject to deductible) for one physical exam each calendar year	50% of R&C after deductible for one physical exam each calendar year
<b>Physical exams for children (routine)</b>	Covered at 100% (not subject to deductible) Subject to Plan limits	60% of R&C after deductible Subject to Plan limits	Covered at 100% (not subject to deductible) Subject to Plan limits	50% of R&C after deductible Subject to Plan limits
<b>Physical therapy</b>	80% after deductible.	60% of R&C after deductible.	70% after deductible.	50% of R&C after deductible.
<b>Pregnancy termination</b>	80% after deductible	60% of R&C after deductible	70% after deductible	50% of R&C after deductible
<b>Prenatal visits</b>	80% after deductible Routine Prenatal Care covered at 100%	60% of R&C after deductible	70% after deductible Routine Prenatal Care covered at 100%	50% of R&C after deductible
<b>Prescription drugs (see “Prescription Drugs” on page 42)</b>	There is a pharmacy network for 30-day and 90-day prescription drugs.	There is a pharmacy network for 30-day and 90-day prescription drugs.	There is a pharmacy network for 30-day and 90-day prescription drugs.	There is a pharmacy network for 30-day and 90-day prescription drugs.
<b>Private Duty Nursing</b>	80% after deductible Maximum of 60 visits per calendar year (Combined in-network/out-of-network) Only covered in the home; visits DO NOT count toward the home health care visit maximum. Visit maximum is combined in-network/out-of-network includes home infusion therapy (services do not count toward the visit maximum). Preauthorization is required	60% of R&C after deductible Maximum of 60 visits per calendar year (Combined in-network/out-of-network) Only covered in the home; visits DO NOT count toward the home health care visit maximum. Visit maximum is combined in-network/out-of-network includes home infusion therapy (services do not count toward the visit maximum). Preauthorization is required	70% after deductible Maximum of 60 visits per calendar year (Combined in-network/out-of-network) Only covered in the home; visits DO NOT count toward the home health care visit maximum. Visit maximum is combined in-network/out-of-network includes home infusion therapy (services do not count toward the visit maximum). Preauthorization is required	50% of R&C after deductible Maximum of 60 visits per calendar year (Combined in-network/out-of-network) Only covered in the home; visits DO NOT count toward the home health care visit maximum. Visit maximum is combined in-network/out-of-network includes home infusion therapy (services do not count toward the visit maximum). Preauthorization is required

	\$1,500 Deductible Plan		\$2,850 Deductible Plan	
Services	In-Network Coverage	Out-of-Network Coverage	In-Network Coverage	Out-of-Network Coverage
<b>Prostate specific antigen test – PSA (routine)</b>	Covered at 100% (not subject to deductible)	60% of R&C after deductible	Covered at 100% (not subject to deductible)	50% of R&C after deductible
<b>Skilled nursing facility</b>	80% after deductible for up to 120 days per calendar year (combined in-network/out-of-network) Preauthorization is required.	60% of R&C after deductible for up to 120 days per calendar year (combined in-network/out-of-network) Preauthorization is required.	70% after deductible for up to 120 days per calendar year (combined in-network/out-of-network) Preauthorization is required.	50% of R&C after deductible for 120 days per calendar year (combined in-network/out-of-network) Preauthorization is required.
<b>Speech therapy</b>	80% after deductible.	60% of R&C after deductible.	70% after deductible.	50% of R&C after deductible.
<b>Surgery</b>	80% after deductible Preauthorization is required Predetermination of benefits is recommended for multiple surgical procedures	60% of R&C after deductible Preauthorization is required Predetermination of benefits is recommended for multiple surgical procedures	70% after deductible Preauthorization is required Predetermination of benefits is recommended for multiple surgical procedures	50% of R&C after deductible Preauthorization is required Predetermination of benefits is recommended for multiple surgical procedures
<b>Tubal ligation</b>	Covered at 100%, deductible does not apply	60% of R&C after deductible	Covered at 100%, deductible does not apply	50% of R&C after deductible
<b>Urgent Care</b>	80% after deductible	60% of R&C after deductible	70% after deductible	50% of R&C after deductible
<b>Vasectomy</b>	80% after deductible	60% of R&C after deductible	70% after deductible	50% of R&C after deductible
<b>Virtual Medicine</b>	80% after deductible	Not covered	70% after deductible	Not covered
<b>Vision care (routine eye care)</b>	Not covered	Not covered	Not covered	Not covered
<b>Vision Therapy/Orthoptics</b>	Not covered	Not covered	Not covered	Not covered
<b>X-rays</b>	80% after deductible	60% of R&C after deductible	70% after deductible	50% of R&C after deductible



## What's Not Covered

The Plan will not pay benefits for any of the services, treatments, items or supplies described in this section, even if either of the following is true:

- It is recommended or prescribed by a physician.
- It is the only available treatment for your condition.

The Claims Administrator may modify this list at their discretion, and you will be notified of any such change.

## Alternative Treatments

- Acupressure
- Aroma therapy
- Hypnotism
- Massage therapy
- Rolfing
- Other forms of alternative treatment as defined by the Office of Alternative Medicine of the National Institutes of Health.
- Art therapy, music therapy, dance therapy, horseback therapy and other forms of alternative treatment as defined by the National Center for Complementary and Integrative Health (NCCIH) of the National Institutes of Health. This exclusion does not apply to Manipulative Treatment and non-manipulative osteopathic care.
- Adventure-based therapy, wilderness therapy, outdoor therapy, or similar programs.

## Comfort or Convenience

- Television
- Telephone
- Beauty/barber service
- Guest service
- Supplies, equipment and similar incidental services and supplies for personal comfort. Examples include:
  - Air conditioners
  - Air purifiers and filters
  - Batteries and battery chargers
  - Car seats

- Chairs, bath chairs, feeding chairs, toddler chairs, ergonomically correct chairs, chair lifts and recliners
- Dehumidifiers/Humidifiers
- Devices and computers to assist communication and speech
- Exercise equipment and treadmills
- Home remodeling to accommodate a health need (such as, but not limited to, ramps and swimming pools)
- Hot and cold compresses
- Hot tubs
- Jacuzzis
- Medical alert systems
- Motorized beds, non-Hospital beds, comfort beds and mattresses
- Music devices
- Personal computers
- Pillows
- Power-operated vehicles
- Radios
- Safety equipment
- Saunas
- Stair lifts and stair glides
- Strollers
- Treadmills
- Vehicle modifications such as van lifts
- Video player
- Whirlpools

## Dental

- Dental care except when necessary because of accidental damage to an unrestored tooth. Such services must be performed by a Doctor of Dental Surgery (DDS) or Doctor of Medical Dentistry (DMD). Dental services for final treatment to repair the damage must be started within 12 months of the accident and completed in the calendar year or within the following calendar year.
- Preventive care, diagnosis, treatment of or related to the teeth, jawbones or gums. Examples include all of the following:
  - Extraction, restoration and replacement of teeth
  - Medical or surgical treatments of dental conditions
  - Services to improve dental clinical outcomes
- Dental implants, bone grafts, and other implant-related procedures
- Dental braces (orthodontics)
- Dental X-rays, supplies and appliances and all associated expenses, including hospitalization and anesthesia. The only exceptions to this are for any of the following:
  - Transplant preparation
  - Initiation of immunosuppressives
  - The direct treatment of acute traumatic injury, cancer or cleft palate
- Treatment of congenitally missing, malpositioned or super numerary teeth, even if part of a congenital anomaly.
- Endodontics, periodontal surgery and restorative treatment

## Drugs

- Over-the-counter drugs and treatments

## Experimental or Investigational Services or Unproven Services

Medical, surgical, diagnostic, psychiatric, substance use or health care services, technologies, supplies, treatments, procedures, drug therapies or devices that, at the time the Claims Administrator makes a determination regarding coverage in a particular case, are determined to be any of the following:

- Not approved by the US Food and Drug Administration (FDA) to be lawfully marketed for the proposed use and not identified in the American Hospital Formulary Service or the United States Pharmacopeia Dispensing Information as appropriate for the proposed use
- Subject to review and approval by any institutional review board for the proposed use
- The subject of an ongoing clinical trial that meets the definition of a Phase 1, 2 or 3 clinical trial set forth in the FDA regulations, regardless of whether the trial is actually subject to FDA oversight.

## Foot Care

- Except when needed for severe systemic disease:
  - Routine foot care (including the cutting or removal of corns and calluses)
  - Nail trimming, cutting, or debriding (surgical removal of tissue)
- Hygienic and preventive maintenance foot care. Examples include the following:
  - Cleaning and soaking the feet
  - Applying skin creams in order to maintain skin tone
  - Other services that are performed when there is not a localized illness, injury or symptom involving the foot
- Treatment of flat feet
- Treatment of subluxation (partial dislocation) of the foot
- Shoe orthotics; if MEDICALLY NECESSARY, covered under the DME benefit

## Medical Supplies and Appliances

- Devices used specifically as safety items or to affect performance in sports-related activities
- Prescribed or non-prescribed medical supplies and disposable supplies. Examples include:
  - Elastic stockings
  - Ace bandages
  - Gauze and dressings
  - Ostomy supplies
- Orthotic appliances that straighten or re-shape a body part (including some types of braces)
- Tubings, nasal cannulas, connectors and masks are not covered except when used with durable medical equipment
- Tubings and masks except when used in association with Durable Medical Equipment
- Repair or replacement of DME or orthotics due to misuse, malicious damage or gross neglect or to replace lost or stolen items

## Mental Health/Substance Use

- Services performed in connection with conditions not classified in the current edition of the Diagnostic and Statistical Manual of the American Psychiatric Association
- Treatment provided in connection with or to comply with commitments, police detentions and other similar arrangements, unless authorized by the Plan's preauthorization review service

## Nutrition

- Megavitamin and nutrition based therapy
- Nutritional counseling for either individuals or groups, including weight loss programs, health clubs and spa programs, health clubs and spa programs except when necessary in treating chronic disease states in which dietary adjustment has a therapeutic role and is prescribed by a physician and furnished by a provider as preventive care (e.g., a registered dietician, licensed nutritionist or other qualified licensed health provision) recognized under the plan.
- Nutritional and electrolyte supplements, including infant formula, donor breast milk, nutritional supplements, dietary supplements, diets for weight control or treatment of obesity (including liquid diets or food), food of any kind (diabetic, low fat, cholesterol), oral vitamins, and oral minerals except when sole source of nutrition or except when a certain nutritional formula treats a specific inborn error of metabolism.

## Physical Appearance

- Cosmetic procedures. Examples include:
  - Pharmacological regimens (e.g., systematic course of drugs), nutritional procedures or treatments
  - Scar or tattoo removal or revision procedures (such as salabrasion, chemosurgery and other such skin abrasion procedures)
  - Skin abrasion procedures performed as a treatment for acne
  - Orthognathic surgery, for cosmetic reasons
- Replacement of an existing breast implant if the earlier breast implant was performed as a cosmetic procedure. Note: Replacement of an existing breast implant is considered reconstructive if the initial breast implant followed mastectomy.
- Physical conditioning programs such as athletic training, body-building, exercise, fitness, flexibility, and diversion or general motivation.
- Weight loss programs whether or not they are under medical supervision. Weight loss programs for medical reasons are also excluded. Wigs are generally excluded except in cases of hair loss due a severe medical condition or treatment.
- Hair removal or replacement by any means
- Treatments for skin wrinkles or any treatment to improve the appearance of the skin
- Treatment for spider veins
- Skin abrasion procedures performed as a treatment for acne
- Treatments for hair loss
- Varicose vein treatment of the lower extremities, when it is considered cosmetic

- Replacement of an existing intact breast implant if the earlier breast implant was performed as a Cosmetic Procedure. Note: Replacement of an existing breast implant is considered reconstructive if the initial breast implant followed mastectomy

## Providers

- Services performed by a provider who is a family member by birth or marriage, including spouse, brother, sister, parent or child. This includes any service the provider may perform on himself or herself.
- Services performed by a provider with your same legal residence
- Services provided at a free-standing or hospital-based diagnostic facility without an order written by a physician or other provider. Services that are self-directed to a free-standing or hospital-based diagnostic facility. Services ordered by a physician or other provider who is an employee or representative of a free-standing or hospital-based diagnostic facility, when that physician or other provider:
  - Has not been actively involved in your medical care prior to ordering the service, or
  - Is not actively involved in your medical care after the service is received.

This exclusion does not apply to mammography testing.

## Reproduction

- Health services and associated expenses for infertility treatments (except those described under Infertility Treatment)
- Charges associated with cryopreservation or storage of cryopreserved eggs and embryos (e.g., office, hospital, ultrasounds, laboratory tests, etc.) are not covered (This is only covered when it's medically necessary.)
- Surrogate parenting
- The reversal of voluntary sterilization
- Fees or direct payment to a donor for sperm or ovum donations
- Monthly fees for maintenance and / or storage of frozen embryos. (This is only covered when it's medically necessary.)

## Services Provided under Another Plan

- Health services for which other coverage is required by federal, state or local law to be purchased or provided through other arrangements. This includes, but is not limited to, coverage required by workers' compensation, no-fault auto insurance, or similar legislation. If coverage under workers' compensation or similar legislation is optional for you because you could elect it, or could have it elected for you, benefits will not be paid for any injury, sickness or mental illness that would have been covered under workers' compensation or similar legislation had that coverage been elected

- Health services for treatment of military service-related disabilities, when you are legally entitled to other coverage and facilities are reasonably available to you
- Health services while on active military duty.

## TMJ

- Surface electromyography
- Doppler analysis
- Vibration analysis
- Computerized mandibular scan or jaw tracking
- Craniosacral therapy
- Orthodontics
- Occlusal adjustment
- Dental restorations
- Any charges for services that are dental in nature.

## Transplants

- Health services for organ and tissue transplants, except those described under Organ Transplants
- Health services connected with the removal of an organ or tissue from you for purposes of a transplant to another person (Donor costs for removal are payable for a transplant through the organ recipient's benefits under the Plan)
- Health services for transplants involving mechanical or animal organs
- Any solid organ transplant (e.g. heart, lung, etc.; not blood, bone marrow, etc.) that is performed as a treatment for cancer
- Any multiple organ transplant not listed as a covered service.

## Travel

- Health services provided in a foreign country, unless required as emergency health services
- Travel or transportation expenses to and from your home, even though prescribed by a physician.
  - Some travel expenses related to covered transplantation services may be reimbursed at the Claims Administrator's discretion. For example, travel for solid organ and bone marrow transplants, obesity surgery or musculoskeletal surgery in an approved facility more than 100 miles from your home is covered up to \$50 per night for lodging, and up to \$10,000 per episode of care for travel and lodging combined.

## Vision and Hearing

- Purchase cost of eye glasses, contact lenses, or hearing aids
- Fitting charge for hearing aids, eye glasses or contact lenses
- Orthoptics or other vision therapy
- Surgery that is intended to allow you to see better without glasses or other vision correction, including radial keratotomy, laser, and other refractive eye surgery.
- Implantable lenses used only to correct a refractive error (such as *Intacs* corneal implants)

## Work-Related Accident and Illness

The Plan does not cover work-related accidents or illnesses. Work-related accidents and illnesses should be reported as soon as they occur to your Human Resources representative for consideration under the Worker's Compensation program.

## All Other Exclusions

- Health services and supplies that do not meet the definition of a Covered Service
- Physical, psychiatric or psychological exams, testing, vaccinations, immunizations or treatments that are otherwise covered under the Plan when:
  - Required solely for purposes of career, education, sports or camp, travel, employment, insurance, marriage or adoption
  - Related to judicial or administrative proceedings or orders
  - Conducted for purposes of medical research
  - Required to obtain or maintain a license of any type
- Health services received after the date your coverage under the Plan ends, including health services for medical conditions arising before the date your coverage under the Plan ends
- Health services for which you have no legal responsibility to pay, or for which a charge would not ordinarily be made in the absence of coverage under the Plan
- In the event that a non-network provider waives copayments and/or the annual DEDUCTIBLE for a particular health service, no benefits are provided for the health service for which the copayments and/or annual deductible are waived
- Charges in excess of eligible expense or in excess of any specified limitation
- Custodial care
- Domiciliary care (e.g., group living arrangements)
- Private duty nursing while inpatient
- Respite care



- Rest cures
- Treatment of benign gynecomastia (abnormal breast enlargement in males)
- Medical and surgical treatment of excessive sweating (hyperhidrosis)
- Medical and surgical treatment for snoring, except when provided as a part of treatment for documented obstructive sleep apnea
- Appliances for snoring
- Any charges for missed appointments, room or facility reservations, completion of claim forms or record processing
- Any charges higher than the reasonable and customary charge
- Any charge for services, supplies or equipment advertised by the provider as free
- Any charges by a provider sanctioned under a federal program for reason of fraud, abuse or medical competency
- Any charges prohibited by federal anti-kickback or self-referral statutes
- Any additional charges submitted after payment has been made and your account balance is zero
- Any charges by a resident in a teaching hospital where a faculty physician did not supervise services
- OUTPATIENT rehabilitation services, spinal treatment or supplies including, but not limited to spinal manipulations by a chiropractor or other doctor, for the treatment of a condition which ceases to be therapeutic
- Spinal treatment, including chiropractic and osteopathic manipulative treatment, to treat an illness, such as asthma or allergies
- Speech therapy to treat stuttering, stammering, or other articulation disorders
- Autopsies and other coroner services and transportation services for a corpse
- Self-administered home diagnostic tests, including but not limited to HIV and Pregnancy tests
- Work hardening (individualized treatment programs designed to return a person to work or to prepare a person for specific work)
- Expenses for health services and supplies that are received as a result of war or any act of war, whether declared or undeclared, while part of any armed service force of any country. This exclusion does not apply to Covered Persons who are civilians injured or otherwise affected by war, any act of war or terrorism in a non-war zone
- Foreign language and sign language interpretation services offered by or required to be provided by a Network or non-Network provider

- Health services related to a non-Covered Health Service: When a service is not a Covered Health Service, all services related to that non-Covered Health Service are also excluded. This exclusion does not apply to services the Plan would otherwise determine to be Covered Health Services if they are to treat complications that arise from the non-Covered Health Service
- For the purpose of this exclusion, a “complication” is an unexpected or unanticipated condition that is superimposed on an existing disease and that affects or modifies the prognosis of the original disease or condition. Examples of a “complication” are bleeding or infections, following a Cosmetic Procedure, that require hospitalization

## Filing a Claim

### ***How do I file a claim for benefits?***

If you use an in-network provider, in almost all cases, you do not have to file a claim form. The provider will file a claim directly with the Claims Administrator. Once the claim is processed you will be billed for the appropriate COINSURANCE amount, DEDUCTIBLE (and applicable copays).

If you receive services from a provider who does not participate in the network, you need to file a claim form to receive benefits.

You can obtain a claim form on Colleague Connect (<https://colleagueconnect.mmc.com>). Click **Career & Rewards** and select **Find a Document**.

Read and follow the form’s instructions. Be sure to file a separate claim form for each member of your family. Make copies of all itemized bills, and attach the originals to the claim form. You will also need to indicate whether you want the payment to go to the provider or to you.

Mail the completed claim form and all relevant documentation as the form instructs. You may include more than one bill with a claim, even if the bills are for different medical services.

You have 12 months following the date the expense was incurred to file a medical claim.

### ***How long does it normally take to process a claim for benefits?***

Most claims are normally processed within 10 business days after the claim is received by the Claims Administrator.

You can find out the status of your claims by visiting the Claims Administrator’s website.

### ***How do I file a prescription drug claim form?***

All prescriptions filled at a participating retail pharmacy require you to provide an ID card for coverage under the Plan. You are responsible for the applicable deductible, COPAYMENT or coinsurance. Rarely will you need to file a claim with the Pharmacy Benefits Manager (one example may be a prescription filled at retail before you have received your ID card). Should you need to file a claim, contact the Pharmacy Benefits Manager.

Claim forms are available on the Pharmacy Benefits Manager’s website. Should you need to file a claim you are responsible for the difference between the discounted and undiscounted price. You have 12 months from the date the expense was incurred to submit a claim.

### ***How do I file a claim for hospital charges?***

Hospitals will submit a claim from your hospital stay directly to the Claims Administrator. After receiving reimbursement from the Claims Administrator, the hospital will then bill you for any coinsurance or amount not eligible for reimbursement.

Be sure to review the hospital bill and to request an explanation of any charges that you question or do not understand. You should let the Claims Administrator know if you have a concern about the charges on your hospital bill.

You have up to 12 months following the date the expense was incurred to file a claim.

### ***Can I be reimbursed for claims incurred outside the United States?***

No, you cannot be reimbursed for services incurred outside the US unless they are considered emergency services. If you incur eligible emergency medical or prescription drug expenses while living or traveling outside of the US, your claim's processing will be expedited if the receipts are in English or if the person providing the services gives you a letter in English explaining the treatment. The Claims Administrator will convert the bill to US dollars using an exchange rate on the day the services were performed.

You have 12 months following the date the expense was incurred to file a claim.

### ***What is an Explanation of Benefits (EOB)?***

An Explanation of Benefits statement outlines how the amount of benefit, if any, was calculated. The statement also shows your year-to-date deductible and OUT-OF-POCKET EXPENSES. If you are due reimbursement, a check will be mailed to you with an explanation of benefits statement, or to the provider if you assigned payment.

An Explanation of Benefits statement lets you verify that the claim was processed correctly. Always read your statement carefully, checking to make sure that you were billed only for:

- Services you received, on the day(s) you received them, only from the provider of care
- The exact type of services you received (e.g., if you participated in a group therapy session, make sure that you are not billed for individual treatment)
- The amount you were told the treatment would cost
- The type of medication you received (e.g., if you receive generic medication, check that you are not billed for brand name medication).

If your statement lists services you did not receive, please notify the Claims Administrator.

If you authorize that reimbursement be made directly to your provider, both you and the provider will receive an Explanation of Benefits statement, and the provider receives payment.

## ***What happens if I am overpaid for a claim?***

If the Plan overpays benefits to you (or a covered family member), you are required to refund any benefit you receive from the Plan that:

- Was for an expense that you (or a covered family member) did not pay or were not legally required to pay;
- Exceeded the benefit payable under the Plan; or
- Is not covered by the Plan.

If a benefit payment is made to you (or a covered family member), which exceeds the benefit amount, this Plan has the right:

- To require the return of the overpayment on request; or
- To reduce by the amount of the overpayment, any future benefit payment made to or on behalf of you or a covered family member.

## Appealing a Claim

There are special rules, procedures and deadlines that apply to appeals of benefit determinations and denied claims and you have special legal rights under ERISA. Please refer to the *Administrative Information* section for a description of the appeal process.

## Glossary

### ACTIVELY-AT-WORK

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If you are eligible for coverage and enroll as a new hire, you are “Actively-At-Work” on the first day that you begin fulfilling your job responsibilities with the Company at a Company-approved location. If you are absent for any reason on your scheduled first day of work, your coverage will not begin on that date. For example, if you are scheduled to begin work on August 3<sup>rd</sup>, but are unable to begin work on that day (e.g., because of illness, jury duty, bereavement or otherwise), your coverage will not begin on August 3<sup>rd</sup>. Thereafter, if you report for your first day of work on August 4<sup>th</sup>, your coverage will be effective on August 4<sup>th</sup>.

### AFTER-TAX (POST-TAX) CONTRIBUTIONS

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Contributions taken from your paycheck after taxes are withheld.

### BEFORE-TAX (PRE-TAX) CONTRIBUTIONS

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Contributions taken from your paycheck generally before Social Security (FICA and Medicare) and federal unemployment insurance (FUTA) taxes and other applicable federal, state, and other income taxes are withheld.

### CLAIMS ADMINISTRATOR/PHARMACY BENEFITS MANAGER

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Vendor that administers the Plan and processes claims; the vendor’s decisions are final and binding.

## COINSURANCE

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The percentage of expenses the plan pays after you meet your deductible. For purposes of the charts in this document, the percentages represent the portion of the costs that the Plan pays for covered services. So, for example, if the chart indicates 80%, the portion you will be responsible for is 20%.

## CONSOLIDATED OMNIBUS BUDGET RECONCILIATION ACT (COBRA)

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A federal law that lets you and your eligible family members covered by a group health plan extend group health coverage temporarily, at their own expense, at group rates plus an administrative fee, in certain circumstances when their coverage would otherwise end due to a “qualifying event”, as defined under COBRA.

A “qualifying event” under COBRA includes loss of coverage as a result of your leaving the Company (other than for gross misconduct); a reduction in hours, your death, divorce or legal separation; your eligibility for Medicare, or a dependent child’s loss of dependent status; or, if you are a retiree, loss of coverage due to the Company filing for bankruptcy.

## COORDINATION OF BENEFITS

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You or a covered family member may be entitled to benefits under another group health plan (such as a plan sponsored by your spouse’s employer) that pays part or all of your health treatment costs. If this is the case, benefits from this plan will be “coordinated” with the benefits from the other plan. In addition to having your benefits coordinated with other group health plans, benefits from this plan are coordinated with “no fault” automobile insurance and any payments recoverable under any workers’ compensation law, occupational disease law or similar legislation.

## COPAYMENT

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The flat dollar amount you pay for a certain type of health care expense.

## COVERED SERVICE(S)

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Medically necessary health services provided for the purpose of preventing, diagnosing or treating a sickness, injury, mental illness, substance use, or their symptoms.

Covered health services must be provided:

- When the Plan is in effect,
- Prior to the effective date of any of the individual termination conditions set forth in this Summary Plan Description, and
- Only when the person who receives services is a covered person and meets all eligibility requirements specified in the Plan.

Decisions about whether to cover new technologies, procedures and treatments will be consistent with conclusions of prevailing medical research based on well-conducted randomized trials or group studies.

The Claims Administrator determines only the extent to which a service or goods or supplies is covered under the plan and not whether the service or goods or supplies should be rendered. The coverage determination is made using the descriptions of covered charges included in this section and the Claims Administrator’s own internal guidelines. The decision to accept a service or obtain a goods or supplies is yours.

## DEDUCTIBLE

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The amount of out-of-pocket expenses you must pay for covered services before the plan pays any expenses.

## DISABILITY

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A physical or mental impairment that substantially limits one or more of an individual's major life activities.

## ELIGIBLE FAMILY MEMBERS

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To cover an eligible family member, you will be required to certify in the Mercer Marketplace Benefits Enrollment Website that your eligible family member meets the eligibility criteria as defined below.

Spouse/Domestic Partner means:

### *Spouse / Domestic Partner*

- You have already received a marriage license from a US state or local authority, or registered your domestic partnership with a US state or local authority.

### *Spouse Only*

- Although not registered with a US state or local authority, your relationship constitutes a marriage under US state or local law (e.g. common law marriage or a marriage outside the US that is honored under US state or local law).

### *Domestic Partner Only*

- Although not registered with a US state or local authority, your relationship constitutes an eligible domestic partnership. To establish that your relationship constitutes an eligible domestic partnership you and your domestic partner must:
  - Be at least 18 years old
  - Not be legally married, under federal law, to each other or anyone else or part of another domestic partnership during the previous 12 months
  - Currently be in an exclusive, committed relationship with each other that has existed for at least 12 months and is intended to be permanent
  - Currently reside together, and have resided together for at least the previous 12 months, and intend to do so permanently
  - Have agreed to share responsibility for each other's common welfare and basic financial obligations
  - Not be related by blood to a degree of closeness that would prohibit marriage under applicable state law.

Marsh & McLennan Companies reserves the right to require documentary proof of your domestic partnership or marriage at any time, for the purpose of determining benefits eligibility. If requested, you must provide documents verifying the registration of your domestic partnership with a state or local authority, your cohabitation and/or mutual commitment, or a marriage license that has been approved by a state or local government authority.

Child/Dependent Child means:

- Your biological child
- A child for whom you or your spouse are the legally appointed guardian with full financial responsibility
- The child of a domestic partner
- Your stepchild
- Your legally adopted child or a child or child placed with you for adoption.

**Note:** Any child that meets one of these eligibility requirements and who is incapable of self support by reason of a total physical or mental disability as determined by the Claims Administrator, may be covered beyond the end of the calendar year in which the child attains age 26.

Dependent children are eligible for healthcare coverage until the end of the calendar year in which they attain age 26. This eligibility provision applies even if your child is married, has access to coverage through his or her employer, doesn't attend school full-time or live with you, and is not your tax dependent.

**Note:** While married children are eligible for healthcare coverage under your plan until the end of the calendar year in which they attain age 26, this provision does not apply to your child's spouse and/or child(ren), unless you or your spouse is the child's legally appointed guardian with full financial responsibility.

The Company has the right to require documentation to verify the relationship (such as a copy of the court order appointing legal guardianship). Company medical coverage does not cover foster children or other children living with you, including your grandchildren, unless you are their legal guardian with full financial responsibility—that is, you or your spouse claims them as a dependent on your annual tax return.

### [ELIGIBLE RETIREE](#)

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An employee is eligible for coverage under this plan if he/she is a US regular employee of Marsh & McLennan Companies or any subsidiary or affiliate of Marsh & McLennan Companies (other MMA and any of its subsidiaries) who terminates employment with five or more years of vesting service at age 55 or later, or at age 65 and eligible for active employee medical coverage at retirement or is a current retiree (under or over age 65) enrolled in retiree medical coverage.

When you or a covered family member reach age 65 or is deemed to be eligible for Medicare, the person who is age 65 or is eligible for Medicare is no longer eligible for coverage under the Pre-65 Retiree Medical Plan.

### [EVIDENCE OF INSURABILITY \(EOI\)](#)

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Evidence of Insurability (EOI) is proof of good health and is generally required if you do not enroll for coverage when you first become eligible. If the coverage level you are requesting requires such evidence or if you are increasing coverage. Establishing EOI may require a physical examination at the employee's expense. The EOI must be provided to and approved by the insurer/vendor before coverage can go into effect.

### [EXPLANATION OF BENEFITS \(EOB\)](#)

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A summary of benefits processed by the Claims Administrator.

### [GLOBAL BENEFITS DEPARTMENT](#)

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Refers to the Global Benefits Department, located at 121 River Street, Hoboken, NJ 07030.

### [HABILITATIVE SERVICES](#)

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Habilitative services help people learn skills and functions for daily living. Habilitative services benefits include the diagnosis categories of autism, pervasive developmental disorder, developmental delay and attention deficit disorder.

### [HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT \(HIPAA\)](#)

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A Federal law, HIPAA imposes requirements on employer health plans including concerning the use and disclosure of individual health information.

## HOSPICE

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A hospice is an institution that provides counseling and medical services that could include room and board to terminally ill individuals. The hospice must have required state or governmental Certificate of Need approval and must provide 24 hour-a-day service under the direct supervision of a physician. The staff must include a registered nurse, a licensed social service worker and a full-time claims administrator. If state licensing exists, the hospice must be licensed.

## IN-NETWORK PROVIDERS

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Preferred health care providers who have agreed to charge reduced fees to members.

## INPATIENT

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Being treated and admitted at a covered facility for an overnight stay either by a physician or from the emergency room.

## LIFE THREATENING ILLNESS OR INJURY– EMERGENCY ROOM COVERAGE

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An emergency medical condition is a medical condition manifesting itself by acute symptoms of sufficient severity (including severe pain) such that a prudent layperson (including the parent of a minor child or the guardian of a disabled individual), who possesses an average knowledge of health and medicine could reasonably expect the absence of immediate medical attention to result in:

- Placing the health of the individual (or, with respect to a pregnant woman, the health of the woman and her unborn child) in serious jeopardy
- Serious impairment to bodily functions
- Serious dysfunction of any bodily organ or part.

Some examples of emergencies include:

- Heart attack, suspected heart attack or stroke
- Suspected overdose of medication
- Poisoning
- Severe burns
- Severe shortness of breath
- High fever (103 degrees or higher), especially in infants
- Uncontrolled or severe bleeding
- Loss of consciousness
- Severe abdominal pain
- Persistent vomiting
- Severe allergic reactions.

The Plan covers emergency services necessary to screen and stabilize a member when:

- A primary care physician or specialist physician directs the member to the emergency room
- A plan representative (employee or contractor) directs the member to the emergency room
- The member acting as a prudent layperson and a reasonable person would reasonably have believed that an emergency condition existed.



## MARSH & MCLENNAN COMPANIES MEDICAL PLANS AND MEDICARE PRESCRIPTION DRUG COVERAGE FOR DISABLED EMPLOYEES

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Marsh & McLennan Companies newsletter that provides an overview of how Medicare Part D could affect your Marsh & McLennan Companies prescription drug coverage. It highlights issues you'll want to think about as you consider your prescription drug options.

The US Federal government's health insurance program, administered by the Social Security Administration, that pays certain hospital and medical expenses for those who qualify, primarily those who are over age 65 or under age 65 and are totally and permanently disabled. Medicare coverage is available regardless of income level. The program is government subsidized and operated.

### MEDICALLY NECESSARY

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Healthcare services provided for the purpose of preventing, evaluating, diagnosing or treating a sickness, injury, mental illness, substance use disorder, condition, disease or its symptoms, that are all of the following as determined by the Claims Administrator or its designee, within the Claims Administrator's sole discretion. The services must be:

- in accordance with Generally Accepted Standards of Medical Practice;
- clinically appropriate, in terms of type, frequency, extent, site and duration, and considered effective for your sickness, injury, mental illness, substance use disorder disease or its symptoms;
- not mainly for your convenience or that of your doctor or other health care provider; and
- not more costly than an alternative drug, service(s) or supply that is at least as likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or treatment of your Sickness, Injury, disease or symptoms.

*Generally Accepted Standards of Medical Practice* are standards that are based on credible scientific evidence published in peer-reviewed medical literature generally recognized by the relevant medical community, relying primarily on controlled clinical trials, or, if not available, observational studies from more than one institution that suggest a causal relationship between the service or treatment and health outcomes.

If no credible scientific evidence is available, then standards that are based on Physician specialty society recommendations or professional standards of care may be considered. The Claims Administrator reserves the right to consult expert opinion in determining whether health care services are Medically Necessary. The decision to apply Physician specialty society recommendations, the choice of expert and the determination of when to use any such expert opinion, shall be within the Claims Administrator's sole discretion.

Services or supplies for the diagnosis or treatment of mental illness, alcoholism or substance disorders that, in reasonable judgment of the Plan's preauthorization review service, are any of the following:

- Not consistent with prevailing national standards of clinical practice for the treatment of such conditions
- Not consistent with prevailing professional research demonstrating that the services or supplies will have a measurable and beneficial health outcome
- Typically, do not result in outcomes demonstrably better than other available treatment alternatives that are less intensive or more cost effective

The Claims Administrator develops and maintains clinical policies that describe the Generally Accepted Standards of Medical Practice scientific evidence, prevailing medical standards and clinical guidelines supporting its determinations regarding specific services. These clinical policies (as developed by the Claims Administrator and revised from time to time), are available to Covered Persons on Anthem medical policy and clinical guidelines on [www.anthem.com/cptsearch\\_shared.html](http://www.anthem.com/cptsearch_shared.html) or by calling the number on your ID card.

## MEDICARE

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The US Federal government's health insurance program, administered by the Social Security Administration, that pays certain hospital and medical expenses for those who qualify, primarily those who are over age 65 or under age 65 and are totally and permanently disabled. Medicare coverage is available regardless of income level. The program is government subsidized and operated.

## NOTICE OF CREDITABLE COVERAGE

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The Medicare Modernization Act requires all group health plan sponsors that offer prescription drug coverage to provide notices to covered employees, retirees, and their dependents who are eligible for Medicare's new prescription drug benefit (Part D).

## OUT-OF-NETWORK PROVIDERS

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Non-preferred health care providers who do not charge reduced fees to members.

## OUT-OF-POCKET EXPENSES

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Subject to the following, the maximum amount you have to pay (excluding your contributions to participate in the plan) toward the cost of your medical care in the course of one year. There are some services and charges that do not count towards the out-of-pocket maximum, such as amounts exceeding plan limits, amounts exceeding the network negotiated price for prescription drugs, amounts your physician or health care provider may charge above the reasonable and customary charge.

## OUTPATIENT

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Treatment/care received at a clinic, emergency room or health facility without being admitted as an overnight patient.

## PREDETERMINATION OF BENEFITS

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This feature helps you estimate how much the Plan may pay (subject to your deductible and Plan maximum at the time the estimate is provided) before you begin treatment. It is intended to avoid any misunderstanding about coverage or reimbursement, and it is not intended to interfere with your course of treatment.

A review service that helps ensure you receive proper treatment and services and that these services are provided in the appropriate setting.

Preauthorization/Precertification/Utilization Review

You are responsible for preauthorizing out-of-network services only. Your in-network provider will preauthorize all other services inpatient admissions, but you are responsible for authorizing all other required services.

## PRE-EXISTING CONDITION

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A health problem you had and received treatment for before your current benefit elections took effect.

## PRESCRIPTION DRUGS

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- **Formulary/Brand Name (Preferred) Prescription Drugs.** A comprehensive list of preferred brand-name drug products that are covered under the plan. Preferred drugs are selected based on safety, effectiveness, and cost.
- **Generic Prescription Drugs.** Prescription drugs, whether identified by chemicals, proprietary or non-proprietary name, that are accepted by the FDA as therapeutically effective and interchangeable with drugs having an identical amount of the same active ingredient as its brand name equivalent.

- **Non-Formulary (Non-Preferred) Prescription Drugs.** Prescription drugs that do not appear on the formulary list are considered non-formulary or non-preferred; these drugs may either be excluded from coverage or may cost more.

#### PREVENTIVE/WELLNESS CARE

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Annual examinations or routine care covered under the plan; care that prevents or slows the course of an illness or disease or care that maintains good health.

#### QUALIFIED FAMILY STATUS CHANGE (STATUS CHANGE, QUALIFIED CHANGE IN FAMILY STATUS, LIFE OR FAMILY CHANGE)

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An event that changes your benefit eligibility. For example, getting married and having a child or your spouse or dependent lose other coverage. You can make certain changes to your before-tax benefit elections that are due to and consistent with the change in family status.

#### QUALIFIED MEDICAL CHILD SUPPORT ORDER (QMCSO)

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A court order, judgment or decree that (1) provides for child support relating to health benefits under a plan with respect to the child of a group health plan participant or requires health benefit coverage of such child in such plan and is ordered under state domestic relations law or (2) is made pursuant to a state medical child support law enacted under Section 1908 of the Social Security Act. A QMCSO is usually issued requiring you to cover your child under your health care plan when a parent receiving post-divorce custody of the child is not an employee.

#### QUALIFYING EVENT

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A “qualifying event” under COBRA includes loss of coverage as a result of your leaving the Company (other than for gross misconduct); a reduction in hours, your death, divorce or legal separation; your eligibility for Medicare, or a dependent child’s loss of dependent status; or, if you are a retiree, loss of coverage due to the Company filing for bankruptcy.

#### REASONABLE & CUSTOMARY (R&C) CHARGES/FEEES

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Charges/fees that do not exceed the prevailing charges for comparable services in your provider’s area. The Claims Administrator determines these limits based on the complexity of the service, the range of services provided and the prevailing charge level in the geographic area where the provider is located. The plan’s reasonable and customary guidelines for professional services include up to the 315% of National Medicare, and the full eligible charge for facility charges.

The plan does not cover amounts charged by providers in excess of the reasonable and customary charge for any service or supply. The Claims Administrator regularly reviews the reasonable and customary charge schedule. To confirm whether your provider’s charges are within the reasonable and customary limit, obtain a Predetermination of Benefits.

#### WAITING PERIOD/ELIMINATION PERIOD

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The amount of time you must wait before being able to participate in a plan.